



NEWS LETTER

Tuesday 4th December, 2012

IMPORTANT DATES

Wednesday 5th December
School Council 6 pm
P & C Meeting 7 pm

Thursday 6th December
Kinder Orientation
Teddy Bears Picnic
1.00pm

Thursday 13th December
Presentation Evening
6.30 – 8.00 PM

Monday 17th December
Year Six Farewell

Tuesday 18th December
Parent Helpers Morning Tea
11.10am
School Disco 6.30 – 8.30 pm
Community Hall

Wednesday 19th December
Mufti Day
Last Day of Term 4

Thurs 20th & Fri 21st December
Staff Development Days

Tuesday 29th January 2013
Staff Development Day

Wednesday 30th January 2013
Students Years 1 to 6 return

Thursday 31st January 2013
Kinder students commence

the sights of Australia's largest city, including the Harbour Bridge, the Rocks, Circular Quay and Taronga Park Zoo. The highlight for most, however, was participating in the Sydney Academy of Sport program of activities, which included rock-wall climbing, sailing, abseiling, kayaking, geocaching, the high and low ropes courses and a day at Palm beach where we climbed up to the lighthouse, built sand castles and swam in an ocean pool. We arrived back at the Albury Railway Station on time last Friday.

I would like to thank our fantastic parent volunteers, Leanne Pickham and Cindy Shaw, Mr B from Gerogery PS for organising such a wonderful trip and to our brilliant students for their behaviour, enthusiasm and effort.

Miss Kirk and the Year Six (2013) Buddies are eagerly awaiting the Kindergarten 2013 Orientation - "Teddy Bear's Picnic" this Thursday. K/1 students should bring a rug, a picnic lunch and one, two or three teddies. The Year 6 (2013) buddies can also bring their teddies too!

Student Reports are being finalised by teachers and they will be sent out to parents on Friday of next week. Parents are requested to be aware of this and look for their child's reports on their return from school next Friday.

Don't forget the Table Top P&C BBQ at the Albury Christmas Family Fun Day at QE2 Square this Saturday. It is not too late to volunteer your time to help - please contact the school if you can. This is a wonderful fund-

FROM THE PRINCIPAL

The year 4/5/6 students have returned to reality after their fantastic Narrabeen excursion with our friends from Gerogery PS. It was quite an amazing experience to take in

raising opportunity and a fun way to promote our great school to the wider community.

With less than three weeks remaining of the school year, end of year preparations are well underway. The annual school presentation evening will be held on Thursday 13th December from 6.30-8pm. The Year 6 Farewell dinner will this year be held at the Kinross for students in Years 5 and 6 on Monday 17th December from 6.30-8pm.

Our whole school disco will take place at the table Top Community Hall for students K-6 and our friends from Gerogery and Mullengandra PS on Tuesday 18th December from 6.30-8.30pm. On the very last day of the school year for students, which is Wednesday 19th December, we will celebrate with a Mufti day where students are welcome to come to school in casual clothes.

Congratulations are extended to Mrs Scott for completing her End of Financial Year process. This is a huge responsibility and we are very proud of the manner she is able to keep our books up to date.

Congratulations also to Mrs Cambey who with her husband, placed fifth in her section at the Australian Dance championships in Melbourne last week.

Scripture lessons will conclude next week with a puppet show on Friday 14th December.

The last School Council and P&C meetings for 2012 will be held tomorrow from 6pm.

PARENT HELPERS MORNING TEA

Thank you to all our helpers over the year, whether it's been in the classroom, in the garden or helping out at working bees.

To show our appreciation for your help we will be hosting a morning tea for all helpers on Tuesday 18th December at 11.10 am.

For catering purposes we would appreciate it if you would phone the school and let us know if you can attend.

SCHOOL ASSEMBLY

Congratulations to the following award winners from last Friday's School Assembly:

K/1 AWARDS

Ned D ~ for great participation
Emmy-Mai W ~ for outstanding effort with class work.

2-3 AWARDS

Sarah H ~ for her effort in Verse writing
Dylan H ~ for his efforts at writing and publishing his verse.

4-6 AWARDS

STUDENTS OF THE WEEK



GARDENING REPORT

With the 4/5/6 away on their excursion, the K/1s did the gardening. Everyone in K-1 did an amazing job in gardening. They should be very proud of themselves. Sharni, Emmy, Zenith and Harry were worm wardens, while Mickaela, Jayne and Jake were watering the garden. Everyone else was doing a wonderful job with the other chores.

We collected 21 strawberries weighing 146g, 40 beans weighing 210g and 46 carrots weighing

1178g. Last week our beautiful chickens laid almost one and a half dozen eggs. It was really fun and we all had a really good time.

Mickaela, Sharni, Lucy and Alicia

Holiday Tennis Camps

Get a grip on tennis Christmas holiday camps will be available in December and January.

For all ages and abilities. Morning tea provided. Tennis skills, fun and exercise. Equipment available if required.

For more information and bookings contact Kate on 0418 572 626 or kate@getagripontennis.com.

Christmas Family Fun Day

8th December 2012

10 am - 2 pm QEII Square Dean Street, Albury

FUN

- Face Painting
- Jumping Castles
- Baby Animal Farmyard
- Krafty Kids - Plaster Craft
- Mick's Toy Box
- Music and Entertainment

Community BBQ by Tabletop Public School
 Local Coffee Van
 Fairy Floss by Sugar Sweetie
 Decorate your own shortbread by Beechworth Bakery

LOOKOUT FOR

ACTIVITIES

Colouring in Competition - sponsored by Riot Art and Craft.

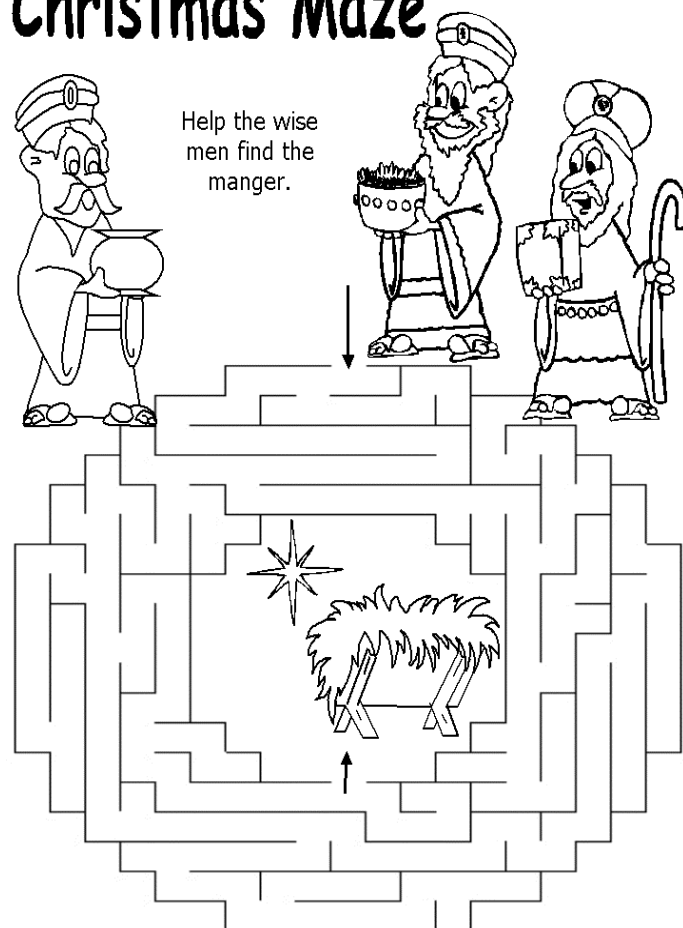
Craft Kids Corner - Make your own Christmas decorations.

Sponsored by Springdale Heights pre-school

Border Bandits Basketball Workshops - come meet our local heroes.

For more details: www.alburycentral.com or 6021 7775

Christmas Maze



Easy Sudoku for Tuesday 4-12-2012

			9	6	7			4
3	1				2	8		
7		4		8		2	5	
9	6	3			8		4	
2			7		9			3
	8		3			1	9	5
	4	8		3		9		7
		2					3	1
			2	7	5			

Sudoku provided by Sudoku.com.au



Aa Bb Cc Dd Ee Ff Gg Hh

PARENTS, RELATIVES
AND FRIENDS

ARE INVITED TO

TABLE TOP PUBLIC SCHOOL'S

PRESENTATION

EVENING

ON

THURSDAY 13TH DECEMBER, 2012

Commencing at 6:30 PM

AT

TABLE TOP PUBLIC SCHOOL



INSIGHTS

by Michael Grose - Australia's leading parenting educator

Resiliency Robbers

All parents have the best of intentions when raising kids. Wanting what is best for kids can cause parents to make decisions that are not always in their (children's) long-term best interests.

If you buy the line that the promotion of resilience is in the best interests of kids then check out the following common parenting mistakes that reduce children's resilience.

Robber # 1:

Fight all their battles for them

Nothing wrong with going into bat when kids struggle or meet with difficulty inside or outside school but make sure this is the last resort, not the first option.

Resilience notion # 1: Give kids the opportunity to develop their own resourcefulness.

Robber # 2:

Make their problem, your problem

Sometimes parents can take too much responsibility for issues that are really up to children to work out or decide. Here's a clue if you are wondering what I am talking about: a jumper is something a mother puts on her son when she is cold!

Resilience notion # 2: Make their problem, their problem.

Robber # 3:

Give kids too much voice

In this era of giving children a voice it is easy to go overboard and allow them too much of a say in what happens to them. Kids often take the easy option to avoid hard or unpleasant situations.

Resilience notion # 3: Make decisions for kids and expect them to adjust and cope.

Robber # 4:

Put unrealistic or relentless pressure on kids to perform

Expectations about success and achievement are important. Too low and kids will meet them. Too high and kids can give up. Too much and kids can experience anxiety.

Resilience notion # 4: Keep expectations in line with children's abilities and don't put excessive pressure on them.

Robber # 5:

Let kids give in too easily

Resilient learners link success with effort. They don't give up because they don't like a teacher or when confronted with multi-step or more complex activities. Similarly they don't bail out of a sporting term half

way through the season because the team is not winning or they are not enjoying it.

Resilience notion # 5: Encourage kids to complete what they have started even if the results aren't perfect.

Robber # 6:

Neglect to develop independence

Don't wait until they are teenagers to develop the skills of independent living. Start early and promote a broad skill set so that they can look after themselves if you are not around.

Resilience notion # 6: Don't routinely do for kids what they can do for themselves.

Robber # 7:

Rescue kids from challenging or stretch situations

There are many times kids are put in situations that are outside their comfort zones for a time. For instance, giving a talk, singing at the school concert or going on school camp may be challenges for some kids. They are all situations that kids usually cope with so show your confidence in them and skill them up rather than opt for avoidance.

Resilience notion # 7: Overcoming challenges enables kids to grow and improve.

Sometimes the manageable hardships that children experience such as a friend moving away, not being invited to a party or completing a difficult school project are fabulous learning opportunities.

They help kids to stretch and grow. Dealing with them effectively also teaches kids that they are capable of coping when they meet some of life's curve balls.

And that is a huge lesson to learn at any age.

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