

next couple of weeks they will be grouted and given their finishing touches. They really do make an impressive statement in our gardens!

Ballarat Excursion

It is a little over six weeks until the Year 4/5/6 students leave for their Ballarat excursion (18th - 20th November). Thanks to everyone who have returned their expression of interest notes and excursion deposit. The permission note with final costings will be sent out next week. The excursion is a fabulous opportunity for our students to visit central Victoria and its many sites of historic and cultural significance.

4/5/6 Excursion Fundraising Raffle

Last term all families were issued with raffle tickets to sell for the 4/5/6 Excursion Raffle, the proceeds of which will reduce the cost of the Ballarat excursion for families. Each year the 4/5/6 class undertakes a major excursion, and as with most things, the excursion costs just that little bit more each year. All families in our school community have been asked to contribute to the raffle because eventually, over the coming years, all children will participate in these wonderful excursions. It is envisioned that an excursion fundraising raffle, such as this, will be held annually. Thank you to those who have already donated an item, but we need every family to give something to really make the prize something extra special! So far the raffle prizes include a wheelbarrow, tools, car cleaning products, toys, bed sheets and workwear. Items can be dropped off to the office this week. The major prize will be drawn on Friday 17th October, so please make sure all tickets (sold or not) have been returned before this date.

Sporting News

Good luck to Natalie, who is competing at the NSW PSSA State Athletics Carnival next week. We are all very proud of her achievement.

Super 8s Cricket

TTPS has been invited to join Mullengandra and Gerogery students to make up three teams for the Super 8s Cricket in Culcairn this Friday. Culcairn Public School in conjunction with Cricket NSW and Mr Robbie Mackinlay, Regional Cricket Manager Riverina, will host this

exciting school Round Robin competition at the Culcairn Sportsground. Our teams will be supervised by Mrs Gaukroger and Mr Broomfield. Parents are most welcome to come along and help on the day!

World Peace Flame Presentation

Our school has been invited to accept a special World Peace Flame to be displayed in our school foyer as a representation of our school community's belief in peace and harmony. It is hoped that we will be presented with our very own World Peace Flame at a special ceremony at school next Thursday, 16th October. Very few World Peace Flames have been presented to schools in Australia - we are one of the lucky ones! The following is taken from the World Peace Flame website

<http://www.worldpeaceflame.org>) *"The World Peace Flame is a symbol of peace, unity, freedom and celebration. We believe in the essential freedom of the human spirit to create peace at any time under any circumstances - a view endorsed by the millions of people who have lit The World Peace Flame as a symbol of this dream. We aim to inspire people everywhere that the individual plays a crucial role in creating peace at every level."*

Newsletter Changes

From this term, our newsletter will be published fortnightly rather than weekly. It will be sent home via email, published on our school website (www.tabletop-p.schools.nsw.edu.au), posted on our school Facebook page and also on our Twitter account. As is the normal practice, special notices will be sent home as they are needed.

School Council/P&C Meeting

The next meeting of our parent groups will be held on Wednesday 22nd October.


Andrew McEachern - Principal

VISITORS BOOK

Parents are advised that when visiting the school to help in the classrooms, you **must** sign in and out in the visitors' book located at the front office.

HOW2Learn

Learning the benefits of being Positive



HOW POSITIVE IS YOUR PARENTING?

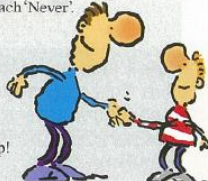
ALWAYS NEVER
+2 Marks -1 Mark

1. You're about to go out for the evening when your baby is sick over your new clothes. You smile and say, 'We'll laugh about this in years to come!'
2. Your child has a favourite bedtime book. They ask you to read it again and again. You do so.
3. Your child doesn't believe your explanation of why birds don't fall off branches. You try a more creative approach.
4. Going to the bathroom in the middle of the night, you slip on some Lego blocks and crack your head on a toy truck. Your first thought is how to improve the toy storage.
5. Your child joins a swimming club. You agree to take them there every weekday at 6.00 a.m. and to competitions all day Saturday.
6. Your child gets upset as they struggle with a jigsaw. You avoid interfering because you want them to learn to do it for themselves.
7. Your child comes last in a school sports race. You spend the evening persuading them that they are brilliant at football.
8. You want to go home to watch a major event on TV. Your child wants you to carry on pushing them on the swings in the park. You willingly agree and forgo your own pleasure.
9. You're relaxing on a Sunday evening. Your child and their friends are enjoying a karaoke session, when the machine's batteries run out. You all pool your ideas as to which shops might still be open.

Score 2 marks for each 'Always' and take off 1 mark for each 'Never'.

Questions 1, 4, 7 are 'Positivity' questions.
Questions 2, 5, 8 are 'Persistence' questions.
Questions 3, 6, 9 are 'Problem-solving' questions.

Score 9-18 You are a superstar – a model of positivity!
Score 0-9 Some work is needed – this chapter will help!
Less than 0 Go and lie down in a darkened room!



ACTIVE AFTER SCHOOL

Active After School sessions will commence next Tuesday with Golf skills and Thursday with multi-skills activities. All students who enrolled for Term 3 will automatically be enrolled for Term 4 unless notified otherwise by parents.

Please make sure that you contact the office if your child will not be attending or wishes to change days.



NO HAT, NO PLAY

During Terms 1 and 4 our 'Sunsafe Policy' is in place. All children **must** wear a school hat when in the playground. NO CAPS. Hats are available from the office for \$10 each or from Lowes with school emblem.

SCHOOL ASSEMBLY

Congratulations to the following award winners from the last week of Term 3's School Assembly:

Student of the Week



Special Encouragement Awards:



Teacher Merit Cards (Green cards)

K/1

Abi, Audrey, Boyd, Mia, Anthea

2-3

Denzel, Zenith, Lochie, Jayne

4-6

Whole Class

SRC Kindness Award: None

Class Awards:

Library - 4/5/6

Classroom- K/1

Assembly - Year 6

DRUMMING LESSONS

Murray Conservatorium of Music Drumming Lessons continues this term, each Monday morning from 8.30 - 9.30 am. If your child is not going to continue with these lessons please contact Cathy Giltrap. There will be a performance at the end of the year so the kids can show off their hard earned skills. There are places available if more children would like to join - please email cathygiltrap@gmail.com or call me for more information.

Lessons for next year will be ukulele unless anyone is keen on something else. Please let me know if you don't want your kids to take part in the performance.

If you would like to pay any accounts by direct debit

School bank details:

Account Name: Table Top Public School

Account Number: 157014

BSB: 032-001

Reference: *Surname and item/s being paid*

TABLE TOP HAPPENINGS!

Come along! Be involved! Be active! Keep informed! Be a community member!

HAPPY FIRST BIRTHDAY!

TABLE TOP FOOD & BOOK SWAP

This Thursday Oct 9th

6pm -7pm TABLE TOP COMMUNITY HALL

Come along and enjoy some Birthday Cake!

Bring all your wonderful garden goodness to swap, share and trade. Our gardening guru Lou Bull will be there to answer all your questions and help you plan for spring plantings.



[Click here for more details.](#)



You can still come along and buy, it is not necessary to bring produce along.

In conjunction with the Food Swap we are continuing the Book Swap. Any queries please contact: Lou Bull 60262772 or Marion Taylor 60262222.

Keep up to date!

Scroll down.

OTHER TABLE TOP HAPPENINGS COMING UP INCLUDE:

**TABLE TOP TENNIS CLUB TRIVIA NIGHT
NOVEMBER 14TH**

See flyer

**TABLE TOP RED CROSS GARDEN PARTY &
MORNING TEA OCTOBER 27TH 10.30am**

In the garden of Lou Bull and Emmo Willinck "Aquila", 182 Mitchell Rd, Table Top. \$10 per person, includes a delicious morning tea, Raffles, Produce & Plant Stalls.

RSVP, and further information from Wendy Harvey 60262023 or Jenny Swinson 60262335.

EXERCISE CLASSES

Still on at the Hall on Monday and Wednesday nights 6.30-7.30pm. ph Karen 0423618232

NBN TOWER AT TABLE TOP

For more information please email NNBNTower@yahoo.com.au. If anyone wishes to assist contact the FB page [Table Top NBN Tower Action Group](#) or email Tanya Barton <tsbarton74@bigpond.com>

INSIGHTS

by Michael Grose - Australia's No 1 parenting educator



Getting on the same parenting page as your partner

Parents who work together need to know when to compromise, when to keep out of the way and when to present a united front.

A couple approached me after a recent parenting presentation asking for my thoughts around kids and mealtimes.

It seems they had different approaches.

One parent was focused on food and was concerned with the quantities kids ate. The other was focused more on behaviour and was more concerned with the quality of social interactions that mealtimes offered.

During our brief chat it seemed that both parents respected the other's viewpoint, which was fantastic. But they clearly had some differences in their approach to parenting, that may not have been evident before the chat.

Differences are **healthy, a sign of independent thinking**, and can provide a sense of balance to family life.

BUT different approaches can cause discomfort, stress and anxiety to one or both parents, particularly when communication and empathy levels are down.

In some cases, **the differences can lead to inconsistent parenting** where there is no agreement on rules and standards of behaviour and inconsistent follow-through when kids behave poorly.

Parents who work together need to know when to compromise, when to keep out of the way and when to present a united front. Knowing when to take each approach takes practice and depends on what the issues are, your parenting styles and your individual values.

The 3 levels of parenting together

Getting on the same page as your partner takes work. It can be done whether you and your partner live together or not.

The three levels of working together:

LEVEL 1 - Managerial: This is the day-to-day parenting level that focuses on aspects such as standards of behaviour, kids' health, education and supervision. Usually one parent (mothers mostly) is the primary parent calling the shots, while the other takes a back seat as the secondary parent (dads mostly). The secondary parent usually follows the lead of the primary parent. **Level 1 focuses on WHAT needs to be done to raise kids.**

LEVEL 2 - Child-rearing: This is a tricky area as it covers approaches to kids' behaviour, how to build confidence in kids, the processes parents put in place for communication and how kids treat others. My conversation with the young couple I mentioned above was around this level. Level 2 fundamentally concerns itself **with HOW kids are raised.**

LEVEL 3 - Values and attitudes: This is the BIG picture level. It looks at fundamental things you value such as developing independence, responsibility, tolerance, persistence and respect in kids. These are just a few -there are plenty of values and attitudes to develop. It really helps when partners are on the same wavelength when it comes to the things you value. This level concerns itself with **WHY you do the things you do as parents.** When you know the WHY then the HOW of parenting becomes easier.

From my experience you can get away with parental differences when kids are young, however it does become a big problem as kids move into adolescence. Some teenagers can become adept at driving a wedge between parents who are on different wavelengths. They generally go to the parent who will give them the answer they require when it comes to the tricky areas such as going out, access to alcohol and relationship issues.

It pays to start the conversation about parenting early on in kids' lives. Conversations at the WHY level are more fundamental, leading to greater understanding of where the other person comes from and the likelihood of presenting a united front to kids. And getting on the same page as your partner is always in the best interests of your kids.

The funny thing is, most parents are so busy talking about Level 1 issues (what you are doing) that they rarely talk meaningfully about Level 3 issues (why you are doing things), which is the absolute guts of what you do unless you purposefully sit down and do so.

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For more ideas, support and advice for all your parenting challenges visit: www.parentingideas.com.au





The Original
ETTAMOGAH PUB™

**IT'S A BEAUT WATERIN' HOLE MATE!
I'VE BEEN THERE (TABLE TOP N.S.W.)**

Market Day

Where: 1 Burma Road, Table Top (at the Pub)

When: 2nd and 5th Sunday of the Month

Time: 8.30am into the afternoon

1st Market Day 12th October 2014

Stalls include: Candles, Craft, Frames, Plants, Clothing, Woodwork, Jewellery, Pet Treats, Lollies, BBQ, Pub Merchandize, Cakes, Accessories, Natural Lotions, Giftware and still taking bookings.

For the Kids... "Mickey Mouse Play House" Jumping Castle

Come and Enjoy a cold one, Relax and have a great day.

For more information please contact *Deanna* 0439 555 520



TRIVIA NIGHT



For a great night out with good company don't miss the TTTC Trivia fundraiser night.

So get some “worldly, intelligent or otherwise” friends together now and book your table of 8 to 10.

Sure to be a terrific social night out with prizes to be won.
Silent auctions running throughout the night.
Kid's activities under lights on the courts.



BYO drinks and nibbles



When: Friday 14th November 2014

Where: Table Top Tennis Club (Community Hall)

Time: 7-00pm

Table Bookings to: Lea O'Neill 0437 796728 by 7th Nov

Cost: \$10-00 per player pay at the gate (Includes complimentary supper with tea & coffee)