



NEWSLETTER

Wednesday 21st May 2014

IMPORTANT DATES

Tuesday 27th May
SRPSSA Cross Country Trials
Students 8 yrs +

Thursday 5th June
JFHS Year 5 Experience Day

Friday 6th June
PSSA Sports commence

Monday 9th June
Queen's Birthday Holiday

Wednesday 18th June
School Council & P & C Meetings

23rd - 26th June
Parent/Teacher Interviews

Friday 27th June
Last day of Term

FROM THE PRINCIPAL

Sympathy

On behalf of the Table Top Public School staff, students, parents and wider school community, I would like to offer Mrs Cambey and her family our most sincere condolences and sympathy at the recent passing of her mother. Teaching and SASS staff will attend the memorial service to support Mrs Cambey on Friday afternoon after lunch. Thank you to Miss Twitt from Mullengandra PS, Miss Innes from District Office and Miss Van Grinsven for offering to supervise the students in our absence.

GMTT Multicultural Day

Students and staff of Gerogery, Mullengandra and Table Top joined forces today for our annual Multicultural Day. Children participated in art, literacy, singing and sports, with each activity focusing on different multicultural perspectives. During the afternoon session, students enjoyed the African Drumming workshops.

Australian Red Cross Centenary

Students from the 4/5/6 have been invited to sing National Anthem and a selection of WW1 songs to open the Red Cross Conference at the Table Top Hall next Wednesday 28th May. The Red Cross is celebrating 100 years as an organisation in Australia and 150 Years of International Red Cross.

SRC Hotdog Lunch

The SRC will be hosting an SRC fundraising Hotdog lunch next Friday 30th May. Hotdogs will be available for purchase for \$2.50 each. Please fill out and return the attached order form.

Cross Country Carnival

SRPSSA Cross Country carnival will be held in Jindera next Tuesday. Our entrants have now been selected and the serious competitors should be in training. The juniors will run 2000 metres, while the seniors run 3000 metres.

PSSA Friday Sport

PSSA sport will begin on Friday 6th June. Students from Years 2 - 6 will be selected to

play netball (girls only) or soccer (mixed), combining with Gerogery and Mullengandra students. We will need everyone to participate so that we can field both junior and senior teams in each event. Students from the K/1 class will do gymnastics at Flyaway Gym.

Peer Support

The Peer Support lessons will continue this week with Session 3: Positive Self talk. Students will think about the way they talk to themselves and learn how to talk positively to themselves.

School Assembly

The whole school assembly will be held in the library this **Friday at 12.30pm**. Please note the changed time for this week's assembly. The class presenting the item this week is K/1.

School Facebook and Twitter Accounts

Facebook:

<https://www.facebook.com/TableTopPublicSchool>

Twitter: @TabletopPS

School Council/P&C

The next School Council (6pm) and P&C (7pm) meeting will be held on Wednesday 18th June in the school staffroom.

Andrew McEachern - Principal

WE WANT YOUR BOOKS!



Table Top PS is holding a book sale on Saturday the 14th June in QEII Square and we are collecting donations of pre-loved books. The book sale will be an opportunity to promote the school and our community, while raising funds for resources for our students. Please send in your books to the office over the next few weeks. Thank you in advance for your support.

KINDER SOUND

The Kinder sound for this week is 'j' for Juice.



LOST PROPERTY

We have a large volume of lost property at school and none of these items are labelled.

Can you please make sure that your child's clothing is clearly labelled with their name.

Parents are asked to look through the lost property box when at school to see if you recognise any of the items.

Also some children are taking home items that belong to other children. Can you please check your child's clothing

DRUMBEAT LESSONS

Reminder for the kids doing Drumming lessons at school - these start on Monday 26th May in the Yambla building and will continue until the end of Term 3. 8.30am until 9.30 am. I will send invoices for Term 2 out to all the parents who have advised that they are wanting their children to do it - if you don't get one, please contact me on cathygiltrap@gmail.com. If you would like your kids to do this fun music program, please email me before Friday this week. We will have a new intake at the start of Term 3.

Pulse incorporates Body Percussion and Djembe Drumming activities, exposing students to a range of musical styles, concepts and encouraging teamwork and movement to music.

Pulse helps students develop:

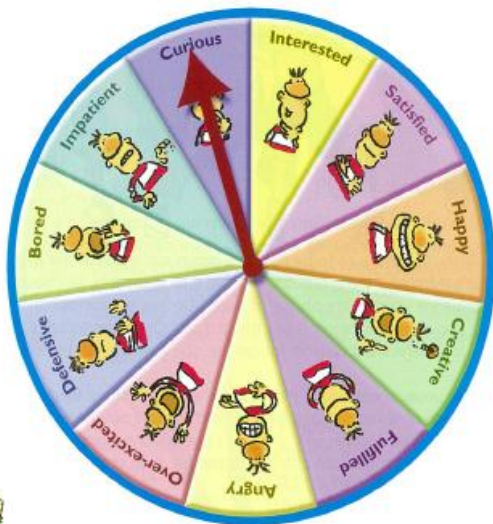
- Teamwork and respect for others
- Large and fine motor skills
- Emotional and cognitive connection to music
- Understanding of form, beat, rhythm, tempo, tone, dynamics
- Listening skills, co-operation, self confidence
- Understanding of traditional and alternative forms of musical notation
- Critical evaluation of sound which can be communicated in a safe, respectful environment
- Group performance skills

HOW2Learn

Dealing with moods

Children have frequent mood swings. It's not surprising when you think of all the new experiences and the constant physical changes they are coping with. And moods have a major effect on learning. It's difficult to learn, for example, if you're angry or bored. Being relaxed but alert is best for learning.

Try to help your child deal with anger and calm down by distracting them: 'Let's go outside and see what Daddy is doing in the garden.' Or if they're bored, try to motivate them: 'Let's listen to the tape and learn the songs, then you'll be able to join in when we go to Robert's school tomorrow.'



ACTIVITY: Create a mood meter with your child

1. Divide a circle of thin card into segments, as shown above.
2. Write words on it in the order shown. Make sure your child knows the meaning of all the words, or use other similar ones.
3. Make an arrow and attach it to the centre with a split pin.
4. Your child can move the arrow to show their mood. When they are feeling curious, or a word to the right of curious, they are in a good mood to learn.

FOOD REVOLUTION DAY

A hugeTHANKYOU to all the parents (and siblings!) who came and helped out at the Food Revolution Day - it was brilliant and the kids enjoyed it, were involved and worked together beautifully. Thank you to all the teachers for getting involved too.



SCHOOL ASSEMBLY

Congratulations to the following award winners from Friday's School Assembly:

Student of the Week



Special Encouragement Awards:



Teacher Merit Cards (Green cards)

K/1

Mia M, Sheya, Boyd

2-3

Jessica, Callie, Gibb, Ned, Sienna, Jake

4-6

Emma, Louis, Toby, Minna, Paris, Ethan, Jaxon

SRC Kindness Award: Ethan T

Assembly Award: K/1

Parenting *ideas* INSIGHTS

Building parent-school partnerships

WORDS Catherine Gerhardt

Social Netiquette

Today's transition to high school usually comes with a transition to a greater online presence. Here are four great ways to help your children develop 'social netiquette'

I am in transition and it has happened way too fast. I hope I am prepared. I am now the mother of a high school student. Entering high school is a phenomenal year of change for parents and youth. Actually, it was the first week that really made its mark. Suddenly my daughter has her own laptop, email addresses and a smart phone.

When I was her age I had a fairly simple transition. I simply walked across the parking lot and turned right towards the high school instead of left for the primary school and the transition had occurred. That was one of the privileges of a rural education – not the norm for most youth as they make the change from primary school to secondary college. Back then, thoughts of laptops and phones with internet connection were non-existent, or at least only possible in the realm of movies like Star Trek. Fast forward to today and our kids are carrying these devices around in their backpacks.

With all this technology comes a great deal of responsibility for youth and their parents. I know I expect my children to use their manners, show respect and treat others as they would like to be treated. I expect this in the real world and I expect this online – constantly and consistently. Social netiquette is exactly that: online rules and guidelines that match real world rules and guidelines.

Here are some guidelines you can teach your child to help them develop social netiquette:

Don't be an 'open book'

Giving away too much information, too soon, to people you may not really know can put your child at risk. What you need to know and understand is that your child is now hanging out in the biggest possible public place there ever was. Placing themselves online and being an open book can make your child a target. Once they have put themselves out in this public place, they are accessible to billions of people. Even with tight privacy settings and all the awareness in the world, that post, that photo is out there; chances are that sometime, someone out there is going to make a derogatory comment about something they put online. I'm not saying that is right, but I am saying that it is bound to happen. Be prepared for that, and talk to your kids about what to do when it does. We recommend they do not respond, let a trusted adult know what has happened and do not re-enter that conversation.

Building your personal brand

In a world where social media rules, we have all become brands. Everything we do online is either adding or detracting from our personal brand. Does your child want their brand to be

like a Nike or Coca Cola: a top shelf brand that people want to buy into because it is seen to have value? Everything your child says, 'likes', re-posts, comments or retweets on social channels tells others what they are all about. Online presence is not only about the content that they provide themselves – it is also about what's written or posted about them by others. Today's first impressions occur on the internet.

Your child's personal brand will take them further than any education or university degree. In today's world an individual's online reputation is far more believable than anything they can provide on a piece of paper. A comment on a piece of paper doesn't have a lot of 'weight', but what others can see about them on the internet – now that is 'real'. A strong personal brand will allow your child to move between opportunities with ease.

Housekeeping required

Your child's personal brand will also outlive any of their personal and professional achievements. Setting up and maintaining social networking requires constant work. Work with your kids to maintain a clean house, so to speak.

more on page 2 >>

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Help develop 'social netiquette'

Keep social networks tidy and tight. Some apps make it very easy to connect with people they have never met. Have a conversation with your child about why 'quality friends' should win over 'quantity of friends'. Are they connecting only with real life face-to-face friends? Who will stand beside them if they don't, and things go wrong?

Mistakes will be made, and our aim is to minimise the slip-ups our children will make. The first thing is to reassure your child that you will be there to help if something goes wrong or gets out of control. Yes, we may be angry at first, but your child will need your support; we may be disappointed, but we will get over it. Let your child know that you are far more likely to respect them for being upfront about issues rather than trying to bury any mistake they have made.

Even the most insignificant online actions can have an influence on how your child will be perceived. Take a proactive and preventative stance – spending the time now to help your child navigate their way through their new digital world, and to help them attend to any stains and spills that might happen along the way, will pay off in the long run. Learning how to edit, block and delete content is a great place to start.

Encourage kids to T.H.I.N.K.

This is an 'oldie but a goodie' and it works every time. Work with your kids to have them answer these five simple questions before they post. Is it True? Is it Helpful? Is it Inspiring? Is it Necessary? And is it Kind? If your child can answer yes to those questions, then certainly they can consider putting their material online. But even a single 'no' to one of these questions means they will be pushing the boundaries of social netiquette.

Times certainly seem different these days, but the rules are still the same. Be nice in public, make a first good impression, tidy up your mess and think twice before speaking.

So far the transition has gone smoothly and we have both settled into the new demands of online learning and the world of 'bring your own device'. Being the mother of a high school student is a privilege, and I welcome the new challenges it will bring.

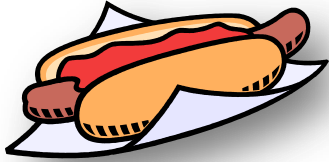
Catherine Gerhardt

'eSmart Schools has found the content in the Kidproof Safety program to be a valuable and credible resource on cybersafety for schools'
The Alannah and Madeline Foundation



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SRC HOT DOG DAY

FRIDAY 30TH MAY

I would like to order _____ hot dogs @ \$2.50 each

Name/s: _____

I enclose \$_____

Please return orders by Wednesday 28th May



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