



TABLE TOP PUBLIC SCHOOL NEWSLETTER

Term 2 Week 1

Wednesday 22nd April 2015

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CALENDAR – What's On?

Saturday 25th April

ANZAC DAY

P & C Camp Out

Monday 4th May

SRPSSA Cross Country Trials
Burrumbuttock

Friday 8th May

African Drumming Workshops
11.45 – 1.15

Monday 25th May

Swag of Tales Performance
10.00 am – 11.30am

Thursday 4th June

SRPSSA Athletics Carnival
Alexandra Park
(Selected students only)

Monday 8th June

Queen's Birthday Holiday

Thursday 11th June

Riverina PSSA Cross Country
Gundagai
(Selected students only)

Friday 26th June

Last Day of Term

Principal's Report

Term 2

Welcome back to Term 2. I hope that everyone had a wonderful Easter break. We are all looking forward to an exciting term of learning here at Table Top PS.

ANZAC Parade

Students and staff of Table Top Public School will march in the Albury ANZAC Day parade this Saturday, 25th April, marking the 100th anniversary of the Gallipoli landings. Students are required to be in clean full winter school uniform. Parents can drop off their children on the corner of Spencer and Dean Streets (railway end of Dean St) at 8.30am, so we can be prepared to march off at 9am. Parents can then collect their children in Townsend Street at the completion of the parade. The Table Top Public School community is proud to be represented at this very important annual commemoration.

School Campout

Members of the P&C have been busy making plans for this year's School Camp-Out, which will be held on the school grounds this Saturday, April 25th. Weather permitting, it will be a fantastic celebration of school community. Please see the attached information sheet on this week's newsletter.

Peer Support

Our Year 6 and 5 students will participate in a day of Peer Support training this Friday with Mr McEachern and Miss Kirk. The Peer Support Program provides students with a supportive learning environment in which to develop the skills, understandings, attitudes and strategies to improve mental wellbeing. The program focuses on developing key skills in resilience, assertiveness, decision-making, problem solving and leadership. The newly trained Peer Support leaders will then conduct Peer Support lessons with multi age groups of 8-10 younger students each Friday this term.

Cross Country

SRPSSA Cross Country carnival will be held in Burrumbuttock on Monday 4th of May. The juniors (8/9 and 10 year age groups) will run 2000 metres, while the seniors (11 and 12/13 year age groups) will run 3000 metres. Parent helpers will be needed on the day. A permission note will be sent home this week.

School Plan 2015-17

After wide consultation, the Table Top PS school plan has been published on our school website and maps out the strategic directions of our school over the next three years.

School Vision Statement

Our school strives to deliver equity and excellence in education, giving our students every chance to become successful learners, confident and creative individuals, and active and informed citizens.

As an important sector of the community we strive to:

- inspire students;*
- develop students and the wider school community to have a passion for learning;*
- support students to achieve personal success in all their endeavours; and*
- enable them to become engaged citizens who act with integrity.*

STRATEGIC DIRECTION 1

Student Learning and Engagement

Purpose: *To provide students learning experiences which are engaging and meaningful. Through these experiences students will have the capacity to be active, informed, resilient and creative citizens who foster a life-long love of learning.*

STRATEGIC DIRECTION 2

Wellbeing, Culture and Values

Purpose: *In a safe and positive learning environment, students, staff and the community will share and uphold a value of respect, responsibility and empathy. It will promote wellbeing, and the resilience required to develop as global citizens, in harmony with the Melbourne Declaration.*

STRATEGIC DIRECTION 3

Quality Teaching and Learning

Purpose: *To engage excellent well informed teachers who develop quality learning environments which are relevant to the outcomes for each student.*

NAPLAN

The National Assessment Program – Literacy and Numeracy (NAPLAN) for all students in Years 3 & 5 is fast approaching. If your child is in Year 3 or 5, please mark the following dates on your calendar: May 12 - Language Convention test (Spelling, Punctuation and Grammar) and a separate Writing test; May 13 - Reading test; May 14 - Numeracy test (Number, Algebra, function and pattern; Chance and data; Measurement and space).

Food Revolution Day

All classes are enrolled to participate in the Jamie Oliver Food Revolution Day on Friday, 15th May. With the assistance of parent volunteers, the children will be making a healthy Squash It Sandwich in class for their lunch. If you can help out with this fun and healthy initiative, please contact the office. Further information is available at: www.foodrevolutionday.com

Easter Hat Parade

The Easter Hats paraded on the last day of term were a happy sight to behold. Well done to all of the students and staff who participated in this happy event.

Athletics Carnival

Well done to the team of students who competed at the Small School's Athletic Carnival in the last week of term one. Our athletes all performed very well, with many qualifying for selection into the team to compete at the SRPSSA carnival. Special congratulations to Dylan and Natalie who both achieved Senior Champion. Congratulations to Natalie who also broke a swag of long held records in many of her events.

UPA Singing

Residents of the Lavington UPA were entertained by a series of songs performed by all classes during the last week of term one. The students enjoyed singing for the residents and then chatting with them while sharing cordial and cakes.

No Assembly

Due to the Peer Support Training being conducted this week in the library, there will be no assembly this week. The first assembly for term 2 will be held next Friday, 1st May from 2.20pm.

P&C Meeting Notice

A special Playground Planning meeting of the P&C will be held next Wednesday 29th April from 6.30pm. It will be followed by a General Meeting at 7.30pm. All welcome.

School Council

The next meeting of the School Council will be held on Wednesday 6th May at 7.00pm.

Andrew McEachern

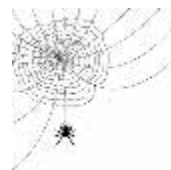
ANZAC DAY



Parents are asked to make their child/children available for the ANZAC DAY March on Saturday 25th April, 2015 if possible. All marchers are required to be in full winter school uniform and line up at the corner of Spencer and Dean Streets (about 100m down Spencer Street) at 8.30am, so we can be prepared to march off at 9am. The parade will continue down Dean St until it reaches Townsend Street where the march will then disband and children can be collected by their parents.

Kinder Sounds

The Kinder sound for this week is 'w' for Web



The sound for next week is 'g' for Goat



2014 Performance– Thank You For The Music

Does anyone have a copy or recording of our show from last year, “Thank You For The Music”? If you can help please give Elaine Kirk a call at the school.

Ukelele Lessons

The Murray Conservatorium will continue the Ukelele lessons with the students who wish to attend this term. By all reports the children enjoyed themselves immensely last term.

If your child is going to continue with the lessons or if your child is withdrawing from the lessons please let Gayle know at the office. If any other students are interested please let Gayle know so that the costing can be calculated. At present it is approx. \$43 per child for the term. Lessons begin on Monday 27th April.

Voluntary/Mathletics Contributions

Contributions for 2015 are \$45 per child and \$10 per child for Mathletics. If paying by cheque, please make payable to Table Top Public School. These can be paid at the office or by direct debit.

If you would like to pay by direct debit

School bank details:

Account Name: Table Top Public School

Account Number: 157014 BSB: 032-001

Reference: *Surname and item/s being paid*

How2Learn

Challenge

Dealing with everyday challenges helps your child develop coping strategies. You will not be helping your child if you protect them in a cotton-wool world. Instead, help them to learn the skills of coping, then next time a crisis occurs, they will have ways of dealing with it.

Tips for developing skills to cope with challenge

- Don't rush to help when your child struggles with an activity. Encourage them to keep trying.

- Break tasks down into smaller chunks that can be tackled one at a time.
- Help your child understand that mistakes are all right provided we learn from them. Learning is a messy business!

ACTIVITY: Make a spider diagram

Use this when your child is struggling with something and needs help to break the task down into more manageable chunks.

1. Write a brief description of the task in the middle of a large piece of paper.
2. Draw a circle around it.
3. Talk about how you could break the task down into a number of stages that seem more achievable.
4. Draw lines out from the circle and write one stage down at the end of each line.
5. See if you can put what you have learned into practice.

Success

Success breeds success and failure breeds failure. But what does this mean? If children's small successes pass without comment, over time they can begin to believe they are 'not good at anything'.

Replace the concept of failure with feedback. Help your child to see mistakes as part of the process of learning. Make sure that they also experience success. When they are doing something well, comment on it.

Tips for developing success in your child

- Comment positively on everyday successes using a success vocabulary: 'Well done for ...', 'You did that well', 'Thank you for ...'.
- Encourage your child to notice when they improve on their personal best.
- Look on any failure as an opportunity to find out what went wrong and work out what to do better next time, eg: It didn't work for us this time, did it? Let's try it another way shall we?

School Assembly

Congratulations to the following award winners from week 10 of Term 1's School Assemblies:

Students of the Week



Special Encouragement Awards: Week 9



Special Encouragement Awards: Week 10



Teacher Merit Cards (Green cards)

K/1

Week 9: Jyden, Angus, Arthur, Aiden H, Callie B, Abigail S, Aidan L, Olivia.

Week 10: Dante, Arthur, Esher, Brideh, Harry O, Harry M, Lizzie.

2-3

Week 9: Zoe, Jake, Annabel, Anthea, Hope.

Week 10: Clifton, Zoe, Tenika, Hope, Boyd, Ned D.

4-6

Week 9: Ned T, Charlie, Ethan T, Rupert, Callie G, Ethan S.

Week 10: Ethan T, Jessica, Denzel, Thomas G, Destiny, Isabella.

Class Awards

Library – 4/5/6

Classroom – 2/3

Assembly – K/1

P & C News

SAVE THE DATE: P&C School Camp-out

Keep Saturday April 25th free for your family's attendance at the 2015 Table Top PS P&C's camp-out. With swags, tents, caravans and camper-trailers set up on the school grounds, it will be a fantastic evening, with camp-fire cooking, a BBQ dinner and breakfast, and an outdoor screening of a kids' movie.

Let's celebrate our wonderful school community. Come along and join in the fun! See attached flyer.

P & C WOOD RAFFLE

At this time of year there is nothing nicer than a fire to keep you and your home warm. So wouldn't it be great to kick-start your winter wood supply by winning a trailer load of split Redgum firewood? Our P&C are having a wood raffle to raise money for new playground equipment. Tickets are \$2 each or 3 for \$5. Please return all tickets, sold or unsold, by Friday 1st May. The winning ticket will be drawn at the school assembly that afternoon.

PSSA Netball 2015

PSSA Sport is nearly here again. So we can gauge how many teams we will enter for the Netball competition, could you please confirm that your daughter is interested in playing Netball for this season. Transport and uniforms are supplied and players must be at least 8 years old.

Please complete the 'Expression of Interest' below and return to school.

Thank you.

Yes, my daughter

is interested in playing Netball for the 2015 season.

Signed



Parenting *ideas* INSIGHTS

Building parent-school partnerships

WORDS Michael Grose

Do less, not more, for your kids

With school-aged children we can find ourselves making lunches, getting kids out of bed and cleaning out schoolbags rather than giving these basic tasks of living over to them.

The basic task of parenting, whether you have a two year old or a twenty-two year old, is to work yourself out of a job at the first possible chance.

REDUNDANCY should be the aim of the game! We never become redundant in a relationship sense – the emotional connection between our children and us is never severed.

In a practical, physical way we need to make children less, rather than more, reliant on us.

Developing independence is really about stepping back to allow children in. Doing less rather than more!

We develop greater independence in our kids one job at a time. Recently I gave my 22 year old son a job that I had been doing for a while. He lives in North America and I had taken on the job of being the connector between him and one of his sisters, who lives in the UK. It had been my job to pass messages on between the two via telephone and emails. I would update each of them about how the other sibling was going.

Frustrated being the go-between I made sure he had contact details and let him know that it was his job, not my job, to connect with his sister.

WE EASILY TAKE ON CHILDREN'S RESPONSIBILITIES

It is easy as parents to take on the jobs and responsibilities that really should belong to our children. With toddlers it is so easy to dress, feed and clean up after them rather than give these jobs over to them.

With school-aged children we can find ourselves making lunches, getting kids out of bed and cleaning out schoolbags rather than giving these basic tasks of living over to them. And as I discovered, it is easy to still do the basics of life for adult-aged children.

TIP NO. 1

for developing independence:

Like children, every teacher is different with their own specific expectations, goals and interests. Get to know your child's teacher and gain an understanding of their approach and aspirations for your child's class.

TIP NO. 2

for developing independence:

Never be more worried about a child's job than they are, otherwise it becomes your job, not theirs.

This mum remained very clear that it was her job to wash the clothes but not to place them in the washing basket. She would remind kids about washing night, but never nag them to put clothes in the basket. She knows that as soon as she keeps reminding them, it becomes HER job rather than her children's job to put the washing in the clothes basket.

The school holidays provides a good opportunity to reflect on the whole notion of job-sharing. It's also a good time for kids to increase their job load when they are not burdened with schoolwork and extracurricular activities.

Here's my challenge for you: Think of a job that you regularly do for your child that he or she can do for him or herself. Then step back and enable your child to do that for themselves on a full-time basis. Do less not more for your kids.

If you do that, then you can congratulate yourself as you have moved one step more toward REDUNDANCY.



Stay one step ahead of your kids with great ideas & expert advice from Michael Grose. Join Michael's **NEW Parentingideas Club** today at parentingideasclub.com.au. You'll be so glad you did.



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