

TABLE TOP PUBLIC SCHOOL

NEWSLETTER

Term 1 Week 4

Wednesday 17th February 2016

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CALENDAR – What's on?

Wednesday 17th February
Parent Meetings and Welcome BBQ

Friday 19th February
SRPSSA Swimming Carnival
(Selected students only)

Friday 4th March
School Captain's & Student Leaders
Induction Assembly
2.20 pm

Friday 18th March
Albury Gold Cup ½
Day Holiday

Friday 25th & Monday 28th March
Easter Holiday

to welcome the new and returning students and families for the 2016 school year. All families are encouraged to attend.

School Home Time Procedures

Home time is a very busy time at Table Top PS and it is important that everyone leaves the school grounds safely. School home time procedures have been developed to ensure the safety of each child at this time.

At the end of the school day (3.15pm) a bell will ring. Children are asked to sit in one of three lines under the shelter of the COLA where they will have their names marked off a roll upon departure:

1. The first bus line,
2. The second bus line, and
3. The Parent Pick-Up line.

The first bus leaves school at about 3.20pm. These students will be marked off the roll first. Once the first bus has departed, parents who are picking up their children should then see the duty teacher so their child can be marked off the roll and be taken home. Children on the second bus can then play until about 3.40pm, when they will be asked to assemble under the COLA again to have their name marked off the roll before departure.

All children have their daily departure routines recorded in the roll. If there is ever a variation to your child's home-time routine, please contact the office (60262220) in order for the roll to be updated.

Principal's Report

Parent Meetings and Welcome BBQ

Parents are invited to the class information sessions today, Wednesday, 17th February. Come along and meet your child's teacher and ask any questions you may have about your child's coming year. Supervision will be provided for young children in the Library by the P&C.

Session times:

Mrs Gaukroger 2/3 session – 4.30pm

Mr McEachern 4/5/6 session – 5.00pm

Miss Kirk K/1 session – 5.30pm

We will conclude the evening with a BBQ (sausage sizzle at no cost - but please bring a slice, cake or fruit platter to share) at 6.00pm

Parents are reminded that there is no supervision for children before 8.30am.

JFHS Leadership Assembly

Our school captains, Tilly and Rupert accompanied Mr McEachern to the James Fallon High School Student Leadership assembly this morning. It was wonderful to see the outstanding student leaders at JFHS being inducted into their new roles.

TTPS Leadership Assembly

The Table Top PS Student Leaders and Semester One SRC members will be presented with their badges at our Leadership assembly on Friday 4th March. Parents and family members are most welcome to attend this important assembly.

National Young Leaders Day Conference

Tilly and Rupert will join school captains and student leaders from across Victoria and Southern NSW when they attend the Halogen Foundation's National Young Leader's Day in Melbourne, on Wednesday 2nd March. The National Young Leaders Day is an annual event founded in 1997 to develop strong leadership values amongst young Australians. The Program consists of keynote talks, multimedia presentations and interactive learning that seeks a range of specific outcomes for young people who aspire to lead themselves & others well.

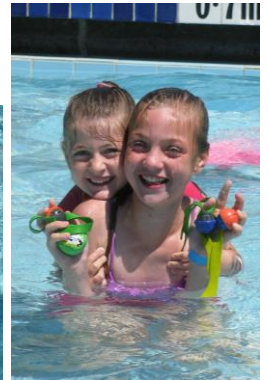
2/3 Rock Climbing Excursion

The students in the 2/3 class are all very excited about their upcoming indoor rock climbing experience on Wednesday 24th February. A permission note is being sent home today.

School Swimming Carnival

Well done to all of the children who competed at our Annual Small School Swimming Carnival last week. It was a fun and challenging day for all competitors. I was very impressed with the number of students who

swam in the 50 metre races. Special congratulations to the six students who took on the difficult Individual Medley. Our school was the winner of the swimming trophy.



SRPSSA Swimming Carnival

Good luck to the students who are representing our school at the Southern Riverina Primary School Sport Association (SRPSSA) swimming carnival on Friday. The carnival will be held at the North Albury Pool and Mr McEachern is the team teacher in charge.

Athletics Training and Carnival

In the lead up to the Small Schools Athletics Carnival, scheduled for Monday 14th March, all students, K-6, will participate in a series of athletic skills training sessions, organised by

Miss Twitt, principal of Mullengandra PS. The first training session will be held this Friday from 9.30am. Parents who would like to help with the training sessions are most welcome to come along.

Kiln Shed

Work was completed on the construction of a shed to house our pottery kiln today. It is hoped that the kiln will be installed into the shed and be operational in the next few weeks. Ceramics will then become an important addition to our school's Visual and Creative Arts program.

Friday Icy poles

Icy poles will be sold by the SRC and student leaders each Friday lunchtime for 50c each. If you would your child to purchase either one of the icy poles, please ensure they have the correct change each Friday.

P&C

The first P&C general meeting for the year and AGM was held last Wednesday. Thank you to the many parents and community members who made the effort to attend.

2016 School P&C Executive Members:

Rachel Gaukroger (President), Julieanne Edwards (Vice President), Sally Reichel (Treasurer), Sarah Johnston (Secretary), Ebony Newton and Lou Bull (Executive Members). The P&C Auditor is Roger Lescun.

P&C Working Bee

Thanks to the parents and children who supported our working bee on Sunday. We made a long jump pit, removed some tree stumps and a dead tree, moved some rocks into the carp park and did some general weeding and garden maintenance. A big thank you to Clifton and Jy's granddad, who brought his tractor along, which made light work of many of the jobs.

School Communication

School Stream: Table Top PS is uses the School Stream mobile app to help deliver important school information in real time, directly to parents on their mobile devices, IOS & Android. In the app you can look up information about coming school events, sign consent forms, fill out absence notes, read the newsletter and have school information alerts pop up on your screen in real time. Please search your device's app store and install this free app onto your device. There is no cost for parents to use this app.

Facebook:

<https://www.facebook.com/TableTopPublicSchool>

Twitter: @TabletopPS

School Voluntary Fees

Our school voluntary fees, which help cover the costs of educational resources for your children are \$45 per student. There is an additional \$10 fee per child to help cover the cost of a one year subscription for Athletics. Accounts were attached to last week's newsletter.

Andrew McEachern

Kinder Sound

The Kinder sound for week 4 is is's' for snake.



The Kinder sound for week 5 is 't' for trampoline



How2Learn

Aspirations

Aspirations are dreams about what's possible. We all have them, we all need them, but we seldom share them! Talk to your child about what's possible. Have positive aspirations of your own and share them with your child.

If children want something, then they will really try to get it! They need to learn that to turn

dreams into reality, they may have to alter or improve what they are doing. Sometimes, especially with younger children, this will involve you in saving rewards or treats until another day.

Once your child learns how to stick with things over time, their aspirations start to become their goals, for a goal is a dream with a timeframe. Children who can set goals, and who work towards achieving those goals, will be more successful in later life.

Tips for developing your child's aspirational thinking

- *Be positive. Turn 'cant's' into 'cans'. Try saying 'I can't yet'.*
- *Practise goal-setting in and around the home. Help your child set little targets and then discuss what they will have to do to achieve them. Catch them when they succeed, and be there to support them if they fail!*
- *Share your own aspirations: 'I'm really looking forward to...'*

Identity

Your child is an individual. Allow them to follow their own interests and not just to copy yours. By learning about their own strengths and weaknesses, and what is important to them, your child is developing a sense of identity. Children with a strong sense of who they are, are often resilient and have more confidence. They learn and achieve more.

Tips for developing your child's identity

- Encourage your child to talk about feelings. This is particularly important for boys, who tend not to express themselves so freely.
- Share your own interests and enthusiasms. Take an interest in your child's, avoiding comparisons with

others in the family unless you can do this in a positive way.

Voluntary/Mathletics Contributions

Contributions for 2015 are \$45 per child and \$10 per child for Mathletics. If paying by cheque, please make payable to Table Top Public School. These can be paid at the office or by direct debit.

If you would like to pay by direct debit

School bank details:

Account Name: Table Top Public School

Account Number: 157014

BSB: 032-001

Reference: *Surname and item/s being paid*

P & C News

P & C FUNDRAISING CONTRIBUTION

The fund raising voluntary contribution for 2016 is \$50 per family. This can be paid in full or by instalments over the next three terms as follows:

- | | |
|----------|-------|
| • Term 1 | \$20 |
| • Term 2 | \$20 |
| • Term 3 | \$10. |

Cheques should be made payable to TTPS P & C or Direct Debit:

Account Name: Table Top Public School
P & C

BSB: 640-000

Account Number: 603984

Reference: Family Name



Become a Clancy Koala Junior Saver. Application forms are available at the school office.

School Banking Reminder

Don't forget that **Wednesday** is School Banking day and students should bring in their savings for collection.

When you have 8 Hume coin stickers on your savings chart collect your prize at any Hume Bank branch at the end of each term.

To learn more about money go to: humbank.com.au/juniorsaversclub

Terms and conditions apply. Eligible entrants must have a Clancy Koala account during the period of the Competition and be aged 11 years or under at 30 June 2016. To be able to participate in the competition participants must register on Hume's website www.humbank.com.au. Minimum deposit amount is \$1 and you are only entitled to a maximum of one sticker per week. Once 8 or more Hume coin stickers have been collected in one term on Clancy's Saving Chart they are eligible to claim a prize at any Hume branch (refer to www.humbank.com.au for scheduled prize dates). Terms and conditions are available at www.humbank.com.au and from all Hume branches LTPS/15/08391 Hume Bank Limited ABN 85 051 868 556 AFSL No. 244248

Hume Bank



Building parent-school partnerships

WORDS Michael Grose

Teasing V Bullying



When speaking with parents when I present at schools, or engaging with them via our social media, bullying is always a hot topic. A recent Facebook post had one of our biggest engagement rates ever. It begged the question- "What is bullying? Do we mix it up with teasing and other forms of mean behaviour?"

It's an important topic that needs clarification.

Bullying is a term that's wrapped in emotion. For many people it's associated with bad childhood memories. It's been estimated that around 40 per cent of people have experienced bullying in the past. It's something that we don't want to happen to our kids.

But I fear it's being overused at the moment and confused with teasing and rudeness.

Rudeness refers to thoughtless behaviours and thoughtless words. Kids often do rude things to each other without thinking their actions through. Examples include breaking wind in a child's direction; joking about the colour of a child's hair in front of others; failing to share possessions and neglecting to acknowledge someone. Rudeness is usually about selfishness

and thoughtlessness. Taken on their own many rude behaviours can be seen as an element of bullying but when looked at in context they are more about thoughtlessness, lack of consideration and poor manners rather than a deliberate attempt to hurt someone.

Teasing refers to annoying, hurtful behaviour that is used to get a reaction from someone else. Teasing can be persistent in nature, but not always. It's generally an attempt to get under a person's skin. It can involve name-calling; it can be personal and hurtful in nature. It can also infringe on another person's rights. But generally teasing doesn't have the key ingredients that make up bullying.

Bullying is the *selective, uninvited, repetitive* oppression of one person or group by another. It involves **three elements** – intent to hurt or harm; power imbalance; and repetition over time. It takes many forms and guises including physical aggression; verbal abuse; emotional aggression (or blackmail); intimidation; harassment and exclusion.

The new cyber-dimension to bullying has moved the goalpost for many kids. In the past children and young people could escape bullying behaviours by being at

home. Cyber-bullying means that children can't escape bullies like they once could.

Why the distinction? I hear the term bullying misused a great deal in the media and when talking with parents. We run the risk of "The Boy Who Cried Wolf" Syndrome where we become so desensitised to the term that we (or teachers) ignore it when children really are the victims of bullying. We also run the risk of failing to skill our kids up to manage rudeness and teasing if we categorise every awful behaviour that kids experience as bullying.

Our ability to be discerning about bullying is as important as the action we take when we are sure that our child is on the receiving end of bullying behaviour. These actions include: dealing with feelings; providing emotional coping skills; getting others involved; building up a child's support networks; and building self-confidence that can take a battering.

Bullying needs to be taken seriously. But we also need to be discerning about bullying behaviours.

Michael Grose



Want more ideas to help you raise confident kids and resilient young people? Subscribe to Happy Kids newsletter, my **FREE** weekly email parenting guide at parentingideas.com.au. You'll be so glad you did.

