

# TABLE TOP PUBLIC SCHOOL

## NEWSLETTER

Term 2 Week 1

Wednesday 27<sup>th</sup> April 2016

556 Burma Road, Table Top NSW 2640 T 0260 262220 F 0260 262402 E [tabletop-p.school@det.nsw.edu.au](mailto:tabletop-p.school@det.nsw.edu.au) W [www.tabletop-p.school.nsw.edu.au](http://www.tabletop-p.school.nsw.edu.au)

### CALENDAR – What's on?

#### **Friday 29<sup>th</sup> April**

Small Schools Cross Country  
Trials - Burrumbuttock

#### **Friday 6<sup>th</sup> May**

Southern Riverina PSSA  
Cross Country Trials  
(Selected Students only)

#### **Tues 10<sup>th</sup> – Thurs 12<sup>th</sup> May**

NAPLAN years 3 & 5

#### **Tuesday 17<sup>th</sup> May**

**School Photos**

#### **Wednesday 18<sup>th</sup> May**

Responsible Pet Ownership  
K-3

STEM Robotics Begins

#### **Thursday 9<sup>th</sup> June**

SRPSSA Athletics Carnival  
(Selected students only)

#### **Monday 13<sup>th</sup> June**

**Queen's Birthday Holiday**

#### **Thursday 16<sup>th</sup> June**

SRPSSA Cross Country  
(Selected Students only)

### **Student Welfare Update**

At Table Top Public School, we believe that a student's educational outcomes are maximised when they are provided with a safe, supportive learning environment in which they have the opportunity to engage in quality learning experiences and acquire skills and values supportive of their lifelong wellbeing. Our school is able to provide that environment through the implementation of our student welfare policy. The purpose of our student welfare policy is to create and maintain a peaceful, positive and productive learning environment. A strategy we will be implementing this term is the introduction of a daily Reflection Room, which will give students who struggle with their school behaviours an opportunity to reflect on their actions and consider how they may be able to change these actions in the future. Reasons students may be referred to the Reflection Room include: consistent inappropriate behaviour in class or the playground; persistent rudeness/disrespect towards adults/children at school; unacceptable behaviours or actions at school. The Reflection Room will operate Monday-Friday during the second half of lunch.

### **ANZAC March**

Congratulations to the students and staff who represented our school at the Albury ANZAC Day parade on Monday, marking the 101<sup>st</sup> anniversary of the Gallipoli landings during World War One. Table Top Public School was proud to stand up and be counted in saying thanks to those who have gone before us to make our nation what it is today.

### **Principal's Report**

#### **Term 2**

Welcome back to Term 2. I hope that everyone had a wonderful holiday. We are all looking forward to an exciting term of learning here at Table Top PS.



### **Small Schools Cross Country**

Table Top Small Schools (Table Top, Gerogery PS, Mullengandra) will join with the Walbundrie Network of Small Schools (Burrumbuttock, Brocklesby, Walla Walla, Walbundrie & Rand) for the small schools cross country carnival at the Burrumbuttock Recreational Reserve this Friday, 29th April. *Although wet weather is expected, this event will go ahead provided the rain isn't torrential – please prepare for wet weather.* We have booked a bus to transport our students - a permission note was sent home last term – please return with \$2 per student asap. The day will start with a course walk for K-6. Competitors will run: **1km** - 5/6/7 year olds; **2km** - 8/9/10 year olds; **3km** - 11/12 year olds. The younger students (5, 6 and 7 year age group) will run first. After their race they will go to Burrumbuttock PS for activities. The older students will stay at the course (Burrum Rec Ground) for the rest of the races to participate and cheer. At this carnival, students in the 8/9, 10, 11 and 12 year age groups will seek qualification into the Table Top Small Schools team for the SRPSSA cross country carnival due to be held on May 6th.

### **Friday Assembly**

Due to the Small Schools Cross Country Carnival this week and the SRPSSA Cross Country Carnival next week, the first whole school assembly for Term 2 will be held on Friday, 13<sup>th</sup> May.

### **Jump Rope for Heart**

Table Top students will get jumping on Thursday, 12<sup>th</sup> May, when they participate in the Small Schools Jump Rope for Heart day. There is no cost for this healthy and fun activity.

### **STEM - Lego Robotics**

STEM education is a term used to refer collectively to the teaching of the disciplines within its umbrella – Science, Technology, Engineering and Mathematics (STEM) – and also to a cross-disciplinary approach to teaching that increases student interest in STEM related fields and improves students' problem solving and critical analysis skills. STEM learning, develops mathematical, scientific and technological literacy, and promotes the development of the 21st century skills of problem solving, critical analysis and creative thinking.

Our school will be engaging in a five week Lego Robotics program where all students will immerse themselves in a world of STEM learning. Each student in will participate in an hour-long session over five weeks with Joanne from *Bricks4Kidz*.

K/1 and 2/3 – Motorised Technic Program  
4/5 Junior Robotics Program  
Year 6 EV3 Mindstorm Robotics Program

The K-5 sessions are normally \$6 per student each week (\$30 for the five week program) and the Year 6 sessions are normally \$8 per student per week (\$40 for the five week program).

*The school will cover \$10 of the cost of the program per student, making this important learning opportunity more affordable. Further subsidies are available for families with 3 or more children enrolled at school.*

***K-5 five week program \$20***  
***Year 6 five week program \$30***

A permission note is attached to this newsletter.

### **Mosaic Workshop**

The next P&C Mosaic Workshop will be held at school on Saturday, 14th May. As with the highly successful Term One workshop, we are calling out for families to cater for morning tea and lunch. The quality of the catering at the last workshop ranked very highly in feedback from participants. Please contact the office if you can assist. There are a couple of participant places remaining for the workshop.

### **Murray Conservatorium Group Lessons**

Commencing this term, our students will be offered quality music tuition by teachers from the Murray Conservatorium, learning guitar or keyboard. These lessons will be offered in small groups of 4-10 students at a time for 30 minutes. Music improves memory, concentration and learning, and improves academic outcomes across the curriculum. **Cost:** \$90 per student per term for 30 minute lessons; instrument purchase (\$75 guitar, \$129 keyboard); sheet music provided free. If you would like your child/children to participate in this fantastic opportunity, please contact the school.

### **NAPLAN**

The National Assessment Program – Literacy and Numeracy (NAPLAN) for all students in Years 3 & 5 will be held in Week 3. If your child is in Year 3 or 5, please mark the following dates on your calendar: May 10 - Language Convention test (Spelling, Punctuation and Grammar) and a separate Writing test; May 11 - Reading test; May 12 - Numeracy test (Number, Algebra, function and pattern; Chance and data; Measurement and space).

### **Peer Support Program**

Our Year 6 and 5 students participated in a day of Peer Support training at the end of last term in preparation of them presenting the program across the school beginning in Week 3. The Peer Support Program provides students with a supportive learning

environment in which to develop the skills, understandings, attitudes and strategies to improve mental wellbeing. The program focuses on developing key skills in resilience, assertiveness, decision-making, problem solving and leadership.

### **SPiCE Program**

Welcome to Stephanie, Hayden, Breannan, Melanie and Sophie, Speech Pathology students from CSU, who are undertaking a short practicum at our school under the SpICE (Specialist Integrated Community Engagement) program, where they will gain an insight into working within our community.

### **School Communication**

**School Stream:** Table Top PS is using the School Stream mobile app to help deliver important school information in real time, directly to parents on their mobile devices, IOS & Android. In the app you can look up information about coming school events, sign consent forms, fill out absence notes, read the newsletter and have school information alerts pop up on your screen in real time. Please search your device's app store and install this free app onto your device. There is no cost for parents to use this app.

### **Facebook:**

<https://www.facebook.com/TableTopPublicSchool>

**Twitter:** @TabletopPS

### **P&C News**

The next meeting of the P&C will be held on Wednesday, 4<sup>th</sup> May, beginning at the earlier time of 6.00pm. There will also be a P&C working bee on Sunday 8<sup>th</sup> May.

*Andrew McEachern*

### **Kinder Sound**

The Kinder sound for this week is 'w' for Witch

The Kinder sound for week 2 is 'g' for Goat



## How2Learn

### ***You can PDQ it!***

Learning happens naturally through play. You can support your child once you realize that most learning involves three stages. This is true whether you are just playing or involved in more structured learning.

The three stages are:

1. getting yourself ready to learn
  2. the learning itself
  3. checking that you have got it all worked out.
- We call this **PDQ**.

**Plan** for it, **Do** it, **Quiz** yourself about it

PDQ Activity: shopping with a young child

### ***Plan for it***

1. Talk to your child: 'We're going shopping today. What do we need?'
2. Make a list. Make sure you write clearly so that your child can read any words they know and count the items with you.
3. Leave the big list at home to check things off when you get home, and write out a small list to take with you.

### ***Do it***

4. Set your child tasks at the supermarket: ask them to remember some things on the list; ask them to find specific items on the shelves.

### ***Quiz yourselves about it***

5. Talk to your child as you unpack the shopping
6. Count out how many things you've bought and check them off against the big list you left at home.
7. Organise items into groups, ready to put away: things for the freezer, things for the fridge, tins and packets for the cupboard, and things for cleaning and the bathroom.

## School Photos

### **Tuesday 17<sup>th</sup> May**

Gary Boss from Boss Photography will be photographing the students in 2016.

Please find attached your pre-paid envelopes for each child in your family. These should be returned on or before the day of the photos.

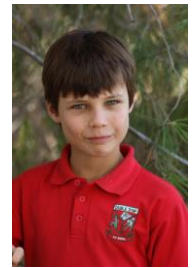
## School Assembly

Congratulations to the following award winners from week 11 of Term 1's School Assemblies:

### Student of the Week



### Special Encouragement Awards:



### Teacher Merit Cards (Green cards)

#### K/1

Ethan B, Alex, Harry O, Olivia, Denzel J, Jyden, Dallas, Emily, Aidan, Arthur, Georgie, Abi, Campbell, Lyla, Harry M

#### 2-3

Esher, Tenika, Ryan S, Boyd, Hope, Makenzie, Anthea, Audrey

#### 4-6

Toby, Sarah, Denzel, Thomas, Charlie, Jayne, Jake, Grant.



## Voluntary/Mathletics Contributions

Contributions for 2016 are \$45 per child and \$10 per child for Mathletics. If paying by cheque, please make payable to Table Top Public School. These can be paid at the office or by direct debit.

If you would like to pay by direct debit

### **School bank details:**

Account Name: Table Top Public School

Account Number: 157014

BSB: 032-001

Reference: *Surname and item/s being paid*

## P & C News

### P & C Catering

The P & C are catering for the Mosaic Workshop being run by Sharon McEachern on Saturday 14<sup>th</sup> May. We would like to request families donate a plate of food for either morning tea or lunch.

We need some Gluten Free food to cater for 3 of the 16 participants. If you can provide something please contact Rachel Gaukroger on 0409 005 402. Your help is greatly appreciated.

### P & C FUNDRAISING CONTRIBUTION

The fund raising voluntary contribution for 2016 is \$50 per family. This can be paid in full or by instalments over the next three terms as follows:

- Term 1           \$20
- Term 2           \$20
- Term 3           \$10.

*Cheques should be made payable to TTPS P & C or Direct Debit:*

Account Name: Table Top Public School

P & C

BSB: 640-000

Account Number: 603984S15



Reference: Family Name

## **Medium Sudoku for 27-4-2016**

				8				
	6	5	1	3				4
	3	9				8	1	
					8		5	9
9								8
4	8		5					
	2	8				1	6	
7				6	2	4	9	
				1				

Sudoku provided by Sudoku.com.au

The t-rex is hunting the stegosaurus. Draw the path starting at 5 and counting by 5s up to 500.

			5	10	15	20	45	50	
			170	165	160	25	40	55	60
			175	180	155	30	35	70	65
285	280	195	190	185	150	105	100	75	80
290	275	200	205	210	145	110	95	90	85
295	270	265	260	215	140	115	120	475	480
300	315	320	255	220	135	130	125	470	485
305	310	325	250	225	440	445	460	465	490
350	345	330	245	230	435	450	455	500	495
355	340	335	240	235	430	425			
360	365	380	385	400	405	420			
	370	375	390	395	410	415			



## Building parent-school partnerships

WORDS Michael Grose

# Don't threaten, bribe or deal – breathe & act

## Five great discipline habits to add to your parenting repertoire.

Getting kids to cooperate is tricky. One method doesn't necessarily fit all children so as a parent or teacher it helps to have a broad repertoire of responses to draw on when kids are less than perfect or you want more cooperative behaviour.

Disciplining a child can also make many parents feel decidedly uncomfortable, as it doesn't generally fit an idealised picture of parenting that many of us may have. Discipline is about helping kids stay safe, become social and also be savvy and astute when they interact with others, which makes discipline a positive and very necessary part of the parenting process.

### Bad discipline habits

Unfortunately, it's easy as a parent to develop bad habits to get cooperation from kids. For instance, it can be easier to offer a simple bribe such as *"I let you use my iPad for 10 minutes if you can be quiet in the back seat of the car"*, rather than

battle with kids for their cooperation. This type of bribe can work wonders to get some peace and quiet and is infinitely better than engaging in a slanging match while you're driving. Well, it may seem that way!

However, it's easy for both parents and kids to become hooked on bribes. As a parent you can easily fall for the trap of offering a bribe to induce good behaviour because it often works. A child learns to cooperate on his terms and soon learns to think, *"What's in this for me?"* Soon kids learn to wheel and deal to get better terms so today's 'quick 10 minutes on an iPad' becomes tomorrow's shiny new piece of technology bought in return for cooperation. Bribery and dealing almost always escalates in scale. The stakes rarely get smaller.

Similarly, idle threats of withdrawing co-operation if a child won't behave well soon fall on deaf ears as kids have a built-

in radar for knowing if a threat is real or not. *"If you continue to argue with your sister I'll cancel your birthday"* is the sort of threat that many of us have made in desperation just to get some peace and harmony at home. Again, threatening all types of dastardly consequences can become a habit, particularly when we don't have many other options at our disposal to get better cooperation.

Most of us will default to our lowest level of skill when we are tired, stressed or under pressure. When a child yells, *"I hate you! You never listen to a thing I say"* just when you're trying to get her to bed you're likely to return fire in spades. *"What do you mean I never listen to you! I always listen to you. You never..."* and away you go chastising a child in a way that only exacerbates her lack of cooperation.

more on page 2 >>



Want more ideas to help you raise confident kids and resilient young people? Subscribe to Happy Kids newsletter, my **FREE** weekly email parenting guide at [parentingideas.com.au](http://parentingideas.com.au). You'll be so glad you did.



## ... Don't threaten, bribe or deal – breathe and act ...

### Good discipline habits

So it helps to develop some good discipline habits instead so that when we do become stressed or tired they are so ingrained in us that they become second nature.

### Here are five good discipline habits to develop:

#### 1 Avoid the first impulse so you don't overreact

A good rule of thumb is to stop yourself from reacting when children misbehave. As much of children's poor behaviour is purposeful, in that it keeps parents busy with them or is designed to let parents know that in fact you can make a child do anything they want to do, your impulsive reactions reinforce the behaviour. At times stopping and doing nothing is better than saying something you regret later on or can't follow through with.

#### 2 Step away and take a breath to gain control

When you feel annoyed, angry or hurt by a child's misbehaviour temporarily step away from the situation and take a few deep breaths before you speak or act. This meta-moment will not only buy you time but will quickly calm you down and change your thinking, putting you back in control. Better self-management helps you respond more effectively when kids misbehave.

#### 3 Lower your voice to be heard

Do you typically repeat yourself or raise your voice when your children ignore your request for better behaviour or even

cooperation. If so you are training your kids to ignore you. Try lowering your voice rather than raising to be heard. This has the double effect of being easier to hear as well as carrying a greater sense of authority.

#### 4 Move toward them to be noticed

Moving into children's space to deliver a message is usually more effective than issuing an order across a lounge room when you are competing with a screen for attention. It does require effort but the results in terms of getting cooperation is generally worth it.

#### 5 Use a consequence to teach

Not all children respond positively to consequences. Very sensitive children can take consequences personally so use them sparingly with more sensitive kids. Sometimes a change in the tone of your voice is enough for these children. But generally reasonable consequences that have a relationship to children's misdemeanours and that are respectfully delivered are effective in teaching children to behave responsively. The trick is to deliver them like a neutral cop – cool, calm and with not too many words.

Good habits are best developed in low or no stress situations so if you'd like to add any of these ideas to your parenting repertoire start putting them into practice in every day interactions with your children, so that they become second nature when you really need some cooperation from your kids.

Michael Grose



Want more ideas to help you raise confident kids and resilient young people? Subscribe to Happy Kids newsletter, my **FREE** weekly email parenting guide at [parentingideas.com.au](http://parentingideas.com.au). You'll be so glad you did.







**Table Top Public School**  
556 Burma Road  
TABLE TOP NSW 2640  
Phone: 02 60262220 Fax: 02 60262402  
Email: [tabletop-p.school@det.nsw.edu.au](mailto:tabletop-p.school@det.nsw.edu.au)  
Principal: Andrew McEachern

### **STEM – Lego Robotics**

STEM Robotics is a fun way of teaching Science, Technology, Engineering and Mathematics and improves students' problem solving and critical analysis skills.

Table Top will be running a five week program where all students will immerse themselves in a world of STEM learning:

K-3 – Motorised Technic Program  
4-5 – Junior Robotics Program  
Yr 6 – EV3 Mindstorm Robotics Program

The 5-week program will cost:

K-5 - \$20 per student  
Yr 6 - \$30 per student

Families with 3 or more students:

K-5 - \$15 per student  
Yr 6 - \$20 per student

This program is being subsidised by the school to make this important learning experience more affordable for all families.

#### ***To pay by direct debit:***

**Account Name:** Table Top Public School  
**Account Number:** 157014 **BSB:** 032-001  
**Reference:** Surname and item/s being paid

Please complete the permission note below and return to school with payment by Wednesday 11<sup>th</sup> May.  
Consent can also be given via our School Stream smartphone app.

**Andrew McEachern**  
**Principal**  
**Table Top PS**



### **STEM Robotics – Permission Note**

I give permission for my child/children \_\_\_\_\_ to participate in a 5 week STEM robotics program conducted by Bricks4Kidz, at Table Top PS, beginning on Wednesday 18<sup>th</sup> May, 2016

I understand that the cost for this activity is \$20 (K-5) or \$30 (Yr 6), or \$15 (K-5) or \$20 (Yr 6) for families with 3 or more students

I enclose \$ \_\_\_\_\_ **or** I will pay by direct deposit ☐ (Please tick)

\_\_\_\_\_  
Parent/Guardian Signature

\_\_\_\_\_  
Date