

# TABLE TOP PUBLIC SCHOOL

## NEWSLETTER

Term 3 Week 1

Wednesday 20<sup>th</sup> July 2016

### CALENDAR – What's on?

#### Wednesday 20<sup>th</sup> July

P & C Playground meeting – 6.00 pm

#### Friday 22<sup>nd</sup> July

No PSSA Sport – General Bye  
Gymnastics as normal

#### Sunday 24<sup>th</sup> July

P & C Working Bee – **Postponed**

#### Wednesday 27<sup>th</sup> July

K-1 – Jindera Museum  
P & C General Meeting – 6.00pm

#### Wednesday 3<sup>rd</sup> August

Wizard of Oz Eisteddfod  
Lavington Square Performance

#### 10<sup>th</sup> August

Kinder Orientation Day 1  
9:15 – 11:30 am

#### Friday 2<sup>nd</sup> September

Riverina PSSA Athletics Carnival  
(Selected Students only)

### Welcome Back

I trust everyone enjoyed a wonderful time with their children and managed to find a warm spot over the recent wintery school holidays. Hopefully students and staff are refreshed and ready for a busy and productive term of learning at Table Top Public school.

### Education Week

In Week Three of this term, Public Schools across NSW will celebrate Education

Week. On the Wednesday 3<sup>rd</sup> August, we will present our Wizard of Oz eisteddfod performance at the Entertainment Centre and then follow up with a second presentation of the dance at the Northern Spirits Learning Community Education Week display at Lavington Square. While there we will also combine with our friends from Gerogery and Mullengandra Public Schools to sing a few songs. Student artworks will be on display in Lavington Square from Saturday 29<sup>th</sup> July. We hope to see lots of our Table Top school community at either the eisteddfod or at Lavington Square. A permission note will be sent home shortly.

### Sporting Action

There is a general bye for soccer and netball this week, with the sporting action resuming next week. Gymnastics for the K/1 class will go ahead as normal this Friday. Next week the junior and senior soccer teams will play Lavington East PS at Alexandra Park Nth. Next week the junior netball team will play Albury West PS and the senior team will play Springdale Heights PS.

### Wizard of OZ

School rehearsals for our musical, The Wizard of Oz are in full swing, under the expert tutelage of Ebony Newton and Narelle Parker. This week a letter went home to parents with the costume details and the request for a \$5 per child

donation to help cover the costs on putting on the show. Parents can get a sneak peek of the show at the eisteddfod or at Lavington Square on Wednesday 3<sup>rd</sup> August.

### Friday Assembly

Whole school assemblies are held each Friday, from 12.00pm to 12.30pm.

### Staff News

We welcome Mrs Mackay and Mrs Christensen to our school as they step in for Mrs Scott and Mrs Cambey who are on Long Service Leave. Mrs Mackay is with us in the office for the remainder of this week, while Mrs Christensen will be teaching with us for the next six weeks.

### P&C News

The Table Top P&C will hold a brief meeting this evening at 6pm to discuss the ongoing progress of replacing school playground equipment and decide upon an appropriate piece of equipment to buy and have installed.

The Term 3 General Meeting of the P&C will take place next Wednesday, 27<sup>th</sup> July, from 6pm.

**The P&C Working Bee scheduled for this Sunday, is postponed - date TBC.**

Well done to the hard working P&C volunteers who helped raise over \$2500 at their election day stalls on polling day! This is a fantastic effort!

### Kinder Sounds

The Kinder sound for week 1 is 'e' for Elephant.




The Kinder sound for week 2 is 'l' for Igloo.

## How2Learn

**Learning about libraries**  
Nowadays, most libraries are like friendly learning centres. Whatever you want to know about – Internet access, photocopying, children's story tapes or videos, music CDs and tapes, how to find specific books – the librarians will be delighted to help. They'll also tell you about book clubs and activities.

Many libraries run activities for children.

Many have extra school-holiday activities.  
Authors read their stories.



Joining your local library is easy: pick up information to take home to read or join on the spot. Most libraries need to see a household bill or something similar as proof of your name and address, and proof of your signature, such as a driver's licence.

**Tips for getting the best out of your library**

- Establish a routine for library visits, perhaps after school once a week or every Saturday morning. Take time to browse with your child, helping them to choose books. If appropriate, make sure both parents are involved.
- Remember that libraries have much more than books to offer.
- Show your enthusiasm for books by choosing some for yourself, too.

### School Assemblies:

#### Teacher Merit Cards - (Green cards)

##### K/1

Saphira, Elizabeth, Campbell, Arthur, Lyla, Jamie

##### 2-3

Sheya, Makenzie, Mia M, Jett, Brideh, Stefan, Ryan, Boyd, Clifton, Zoe

##### 4-6

Ned, Denzel, Caleb, Gibb, Elizabeth, Ethan S, Paris, TJ

## Voluntary/Mathletics Contributions

Contributions for 2016 are \$45 per child and \$10 per child for Mathletics. If paying by cheque, please make payable to Table Top Public School. These can be paid at the office or by direct debit.

If you would like to pay by direct debit

### School bank details:

Account Name: Table Top Public School

Account Number: 157014

BSB: 032-001

Reference: *Surname and item/s being paid*

## P & C FUNDRAISING LEVY

The fund raising voluntary contribution for 2016 is \$50 per family. This can be paid in full or by instalments over the next three terms as follows:

- Term 1           \$20
- Term 2           \$20
- Term 3           \$10.

*Cheques should be made payable to TTPS P & C or Direct Debit:*

Account Name: Table Top Public School

P & C

BSB: 640-000

Account Number: 603984S15

Reference: Family Name

## **ETTAMOGAH COFFEE SHOP**

The Ettamogah Coffee Shop is under new management. Please come in and enjoy our selection of cakes, slices, coffee and take away food. Papers and milk are available and fresh bakery bread if preordered.

Find us on Facebook.



The lolly and candle shop are also open 7 days a week.



**Flying Fruit Fly Circus**  
ordinary kids doing extraordinary things

"Contemporary circus, that now dominates the globe, was born in Albury-Wodonga."  
Sydney Morning Herald

# Auditions

Australia's only full-time Circus School

**Monday 19 Sept. 2016**  
9.30am-12pm  
FFFC, Albury.

**Transition Training Program**  
For shortlisted candidates  
Sept. 20, 21, 22

**Video auditions**  
Due: Monday 29 August, 2016.  
Email your video to:  
info@fruitflycircus.com.au

**Are you aged between 8 and 18?**  
Here is your opportunity to audition for Australia's National Youth Circus. We are renowned as both a centre of training excellence and an award-winning performing arts company offering an elite-level circus training course, general education through our own select entry school and artistic program which creates and tours performances around Australia and overseas. Our purpose built school and training headquarters are based in Albury-Wodonga on the border of New South Wales and Victoria.

The Flying Fruit Fly Circus is - recognised by the Australian Government as a national centre of arts training excellence and is a member of Circus Arts; with the National Institute of Circus Arts; Australian Ballet School; National Institute of Dramatic Arts; Australian Film, Television and Radio School; Australian National Academy of Music; Australian Youth Orchestra; National Aboriginal and Islander Skills Association.

"Australian circus is some of the best in the world and a fair share of that talent can be traced back to the Flying Fruit Fly Circus... Fruit Flies, you rock!"  
Herald Sun

WATCH: Ordinary kids doing extraordinary things

CLICK HERE FOR: Information & Application form

CLICK HERE FOR: Circus' Website

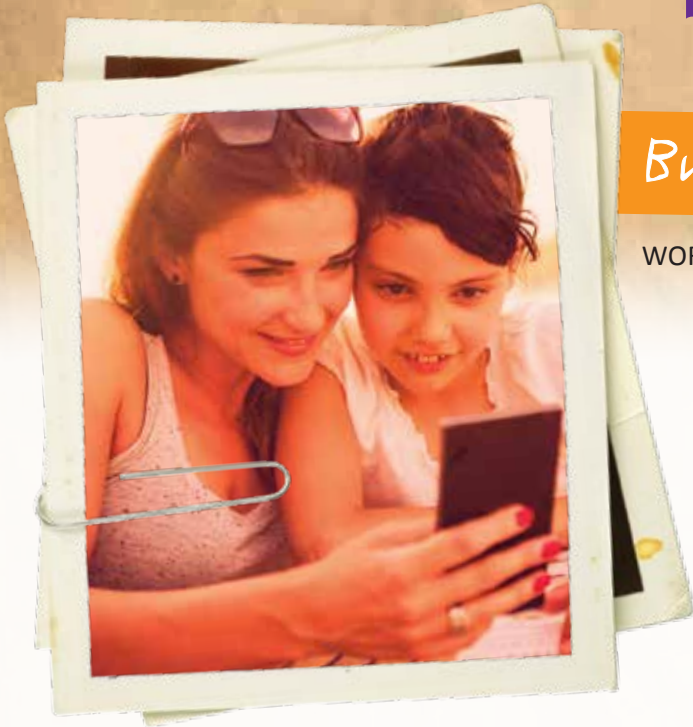


ANNASOPHIA ROBB    FAMKE JANSSEN    SCOTT COHEN    ISRAEL BROUSSARD    Introducing TAYLOR RICHARDSON

# jack of the red hearts

Aspire Support Services presents: **JACK OF THE RED HEARTS**  
(The only showing of the Autism Spectrum Disorder related movie in Albury)

Wednesday 20 July at Regent Cinemas Albury  
6:15pm for light supper 7:00pm for movie start  
\$25 includes Movie and Supper  
Tickets available at:  
Aspire Support Services, 220 Borella Rd, Albury  
Phone: 02 6058 4000



## Building parent-school partnerships

WORDS Michael Grose

# Parenting in the digital age

Recently I spoke at a school in Melbourne about the challenges of parenting in the digital age. It was a great night with a very enthusiastic crowd. I thought I'd share some key messages with the Parentingideas community.

If every generation of parents had it's own new or unique challenges then it's safe to say that the overriding challenge shared by the current generation of parents centres around technology – their children's use and their own use.

The communication technology now available to all of us is constantly being updated. Every innovation in technology presents a new set of challenges for parents. Yesterday's schoolyard bullying is today's cyberbullying!

Frequently I hear parents talk about children's use of technology as if the technology is a problem. However technology is the context or background in which we must raise our kids to be safe, social and savvy. The bigger question we need to ask is: "What is good parenting in the digital age?"

Our job is to educate kids about technology – helping them be safe, smart

and balanced users – so we need some guidelines to follow. Every parent needs to set their own guidelines suitable to their own situation.

### Here are some ideas to help:

#### 1 Be a good role model

It's well established now that children will copy many of their parents' behaviours. Our behaviours and habits now extend to our use of communication technology, which is a good thing as we've got the chance to model smart, balanced technology habits. This means we need to be mindful of how often we have a mobile device in our hands when we are around kids. It means we need to take care that we don't use technology as an emotional pacifier when we feel stressed or under pressure. Model face-to-face communication and healthy ways to manage your stress levels so kids can learn these techniques too.

#### 2 Think about expectations and rules for your kids in the digital world

You wouldn't drop your kids off for the day in the middle of the city

and say, "Have fun. Stay safe!" Yet we often do the equivalent to our kids with technology. Most digital devices are set up for adults so when you introduce a piece of technology think carefully about it's use and expectations before handing it over to your kids. Where possible and practical use restrictions under settings when you give a device to a child. And place your own restrictions around use and timing when kids use devices, rewarding responsible use with greater freedom.

#### 3 Differentiate between uses

One use doesn't fit all. Digital technology has three purposes – communication, education and entertainment. Gender plays a part here with girls using digital technology more for communication and boys using digital devices more for entertainment. As a parent we need to be aware how our kids are using technology, which will influence how we respond to them.

more on page 2 >>>



Want more ideas to help you raise confident kids and resilient young people? Subscribe to Happy Kids newsletter, my **FREE** weekly email parenting guide at [parentingideas.com.au](http://parentingideas.com.au). You'll be so glad you did.



## ... Parenting in the digital age ...



For instance, you should take a different approach to a child who spends all his time after school playing Minecraft to one who spends significant time online for educational purposes. Nuance your approach according to the children's technology use.

#### 4 Create social media mantras and scripts to keep kids safe

Parents have always found ways to frame messages for children so that they rattle around inside their heads when parents aren't around. "Don't speak to strangers" still reverberates with me decades after my mother first drilled it in to me. She also gave me the scripts to use with strangers if ever I got lost, or found myself in trouble. So what scripting are you introducing to your child to keep them safe and also make them think about smart use while online? These include such mantras as "Is it worth posting?", "Take a deep breath before hitting the send or post button." "Do you want the principal to see this post?"

#### 5 Create tech-free zones and times

Knowing when to cut off or leave technology is just as important as knowing when to use it appropriately. One way to teach appropriateness of technology use is to introduce tech-free zones and tech-free times into your family. For instance, dinner tables and mealtimes should be kept

technology free to encourage in the moment face-to-face conversations. Bedrooms should be tech free particularly at night to encourage children to get a good night's sleep.

#### 5 The family that plays together learns together

Technology can bring us together or keep us apart. I recently saw a mother and her early teen son walking down a busy street both with their faces in mobile devices, only glancing up occasionally from their screens to make sure they didn't bump into others. Although physically close, mentally they were worlds apart. On the other hand, a well-chosen game can easily connect parents with their kids. Choose games and activities that bring you together and provide opportunities to teach kids about sportsmanship and etiquette.

Media and digital devices are an integral part of our world today, presenting opportunities and challenges for parents and children. It's part of the parenting job to help kids access digital media safely and sensibly, which involves setting limits and boundaries; knowing how kids are using technology and encouraging them to consciously engage with technology while at the same time ensuring kids connect with others, learn and keep themselves entertained away from technology as well.



Michael Grose 



Want more ideas to help you raise confident kids and resilient young people? Subscribe to Happy Kids newsletter, my **FREE** weekly email parenting guide at [parentingideas.com.au](http://parentingideas.com.au). You'll be so glad you did.

