

TABLE TOP PUBLIC SCHOOL

NEWSLETTER

Term 3 Week 9

Wednesday 14th September 2016

CALENDAR – What's on?

Wednesday 14th September

Kinder Orientation
9:15 – 11:30am

Wizard of Oz Performance

postponed

Wednesday 21st – Thursday 22nd Sept

K/1 Echuca Excursion

Friday 23rd September

Quizworks Puppet Show 9:30am
Last Day of Term

Monday 10th October

First Day of Term for
Staff and Students

Wednesday 12th October

Wizard of Oz Performance
7pm

The Wizard of Oz - Postponed

Due to the inclement weather, our school musical, The Wizard of Oz, which was to be performed tonight, has been postponed until **Wednesday 12th October**, the first Wednesday of Term 4. We hope you are all able to come along and enjoy the show, beginning at 6.30pm.



Riverina PSSA Athletics

Good luck to Paris and to the junior boys relay team, Jake, Lochie, Ned and Gibb, who will all represent the Southern Riverina Team at the Regional PSSA Athletics carnival on Friday. They will need to be at Alexandra Park by 8.45am and find the Southern Riverina PSSA banner to collect their shirts and pay the \$2 levy.

CSU Pre-Service Teachers

Charles Sturt University pre-service teachers, Miss Joyce (K/1), Miss McAliece (2/3) and Miss O'Donnell (4/5/6), have all made a wonderful start on their pre-service placement at Table Top Public School. With the guidance, support and supervision of Miss Kirk, Mrs Gaukroger, Mr McEachern and Mrs Cambey, all three have enthusiastically and professionally assumed the main teaching roles for their classes. Sadly, they finish their placement at Table Top next Friday and on behalf of the school, I would like to wish them all the very best with their future careers.

Class Major Excursions

K/1 Echuca (21st and 22nd September)
2/3 Hanericka Farm (26th and 27th October)
4/5/6 Canberra (23rd, 24th and 26th November)

Other Upcoming Excursions

4/5/6 Gardening Class visit to the Willinck's Farm (19th September)

4/5/6 Albury High School Musical (13th October)

3/4/5/6 Super 8s Cricket (14th October)

K-6 Gerogery Sports Day (21st October)

Kindergarten Orientation Day

The second of our Kindergarten Orientation days was held this morning where the children met with their 2017 buddies! The last official orientation day will take place on the 30th November, which will be the Teddy Bear Picnic. Additional transition opportunities can be arranged. New enrolments are also very welcome. Please contact the school for further details.



Scripture Puppet Show

Students who attend regular Scripture classes will be entertained by a Quizworks puppet show in lieu of Scripture next week.

Mosaic Workshop

The final Mosaic Workshop for the year will be held at Table Top Public School on Saturday, 15th October, at a cost of only \$100 per participant, which includes morning tea, lunch and all materials. Participants in this workshop will create a beautiful mosaic portrait. Funds raised will support the students of Table Top PS. Registration is open to adults. As with the highly successful mosaic workshops held earlier this year, the P&C will cater morning tea and lunch. Please contact P&C President, Rachel Gaukroger (ph 60262220 or email tabletop-p.school@det.nsw.edu.au) to register as a participant or to offer help with catering.



The Partners in Learning parent feedback survey

The *Partners in Learning* parent survey, another part of the *Tell Them From Me* suite of surveys (student, teacher and parent surveys) on student engagement is **now open**. The survey asks parents and carers questions about different factors that are known to impact on student wellbeing and engagement. This survey will help our school understand parents' and carers' perspectives on their child's experience at school.

The survey is conducted entirely online at home or on public computers. The survey will typically take 15 minutes or less to complete and is completely confidential. The parent survey will be conducted between 22 August and 21 October. Participating in the survey is entirely voluntary; however, your responses are very much appreciated.

Parents and carers can complete their survey here:

<https://nsw.tellthemfromme.com/6xkgf>

Election Day Sausage Sizzle and Shed Construction

Thanks to everyone who helped out last weekend at the Election Day sausage sizzle and shed construction. It was a great day of friendship and school community.



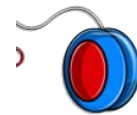
P&C Meeting

The next general meeting of the TTPS P&C will be held at 6pm on Tuesday 11th October, the first Tuesday of Term 4.

Kinder Sounds

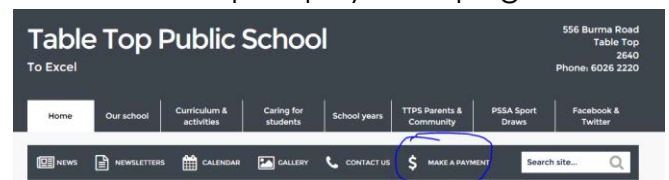
The Kinder sound for week 9 is 'y' for Yo Yo.

The kinder sound for week 10 is 'x' as in fox.



Parent Online Payments (POP)

Parents can now access the school's website via computer, mobile phone or tablet to make online payments through a secure Westpac payment page.



The payment process is intuitive and follows the format of many other online payments that are used every day.

Direct Deposits to School Account



Parents are asked to no longer direct deposit into the school bank account. Please use the Parent Online Payment facility through the school's website, cash or cheque made out to TTPS.

www.tabletop-p.school.nsw.edu.au

School Assemblies:

Students of the Week:



Lizzie

School Banner:

TJ

Teacher Merit Cards - (Green cards)

K/1

Week 7: Jamie, Emily, Campbell, Billie, Ryan H, Danny

Week 8: Dallas, Denzel J, Harry, Arthur, Saphira, Abi, Will

2/3

Week 7: Boyd, Aimee, Elish, Dante, Jett, Tenika

Week 8: Esher, Darcy B, Ryan S, Mia R, Clifton

4/5/6

Week 7: Ethan T, Tilly, Ned, Toby, Gibb, TJ

Week 8: Elizabeth, Tilly, Rupert, Ethan T Paris, Grant, Ned, Gibb

Special Encouragement Awards

Elish



Ebony

Relay for Life



The staff at Table Top PS have a team

October 22nd & 23rd at Birallee Park in Wodonga. This is a 24 hour relay and we will have team members walking for the entire time. If you would like to donate towards this great cause you can log onto www.relayforlife.org.au and search

for our team 'Table Top Public School' and donate via the website or you could send your donation to school and our team captain, Gayle Scott, will arrange for a receipt to be sent to you. We would love to see you there on the day to cheer our team on!


How2Learn

Holiday time
School holidays and travel are wonderful opportunities for learning new things. Here are some ideas for making holidays fun for all the family.

Tips for getting ready for journeys

- Have a family brainstorm of things you could do in a car, train or plane.
- Get children to make up travel bags with favourite games and toys.
- Take lots of story tapes. Give children personal stereos and headphones if you want some periods of peace and quiet.

Travel games



- Look out! Take turns to choose something you spot as you travel. Every time you pass one, shout 'Look out!'. Others have to guess what it is. (Might be best not to play this one in the car!)
- Play / spy with my little eye, which is a great game for all ages. For very young children, spy things 'the colour of ...' rather than 'beginning with the letter ...'.
- Take turns to choose a car numberplate and make one or more words from the letters. Score a point for every letter you use. Give younger children an 'e' or an 'a' that they can use whenever they want.
- Spot car makes. Score points on a scale of 1-5, giving most points for the less common makes. For example, 5 for a Porsche, 1 for a Ford.
- Tell a story. Take turns to build up a story, sentence by sentence.
- Spot the number. First to spot the number on a numberplate wins.
- Take turns to be a DJ and introduce a favourite track from a CD or tape.

53

Holiday time - Fun at Home

- Make a family flag. Use an old, preferably plain pillowcase and draw lines on one side to divide it into four panels. In each panel, paint or sew pictures that show what you like doing and what is important to you as a family. You might like to make up a family motto to go along the bottom.
- Create a photo collage for the kitchen wall. Stick your favourite holiday photos onto a large piece of paper. Think about what anyone in

them might have been saying and add speech bubbles with felt tipped pens. You might also like to add drawings and diary notes of your memories.

Community News

NORTH ALBURY CC.

North Albury Thurgoona Junior Cricket are now taking new registrations for the upcoming season we cater for all age groups (6yrs-16yrs) and girls are most welcome.

Family friendly club and we cater for boys and girls of all abilities

Milo- U 8s, T20 Blast-U10s, Under 12s, 14s, 16s


Also new to this season is 13 and under girls completion.

For more information email –

admin@northalburycricketclub.com.au

Web site- northalburycricketclub.com.au

Contact Rob Williams 0408625674, Darren Harris 0427418971, Rod Barton 0417287793.



AWLUG

Albury Wodonga LEGO User Group

Presents

BRICKS ON THE BORDER

Where

THURGOONA COMMUNITY CENTRE


Corner Kosciuszko & Table Top Roads,
Thurgoona NSW

When

Saturday 24th & Sunday 25th
of September 2016 ~ 9am to 5pm
(Last entry at 4:30pm)

Entry \$2 per Person

Come along and see LEGO creations
built by local LEGO enthusiasts.





Building parent-school partnerships

WORDS Sarah Wayland

Helping kids focus in the age of distraction

Finding ways to turn your kids from flitters to focusers – how teaching your children to ‘stick with it’ can have lifelong benefits.

As a society we often debate about the ‘right’ amount of screen time, and with the introduction of personal screens over the last decade, to add to TV, laptops and desktops, the focus on a single task has slowly ebbed away. The British Psychological Society found that too much screen time (more than their recommendations of no more than 2 hours per day) could unintentionally cause permanent damage to a child’s still-developing brains. Impacting the capacity to focus, to concentrate and to give attention to tasks.

Distraction is often managed through the delicate art of re-direction or encouragement to combat the ‘but I just can’t do it!’ However, has this brave new world of binge watching TV, entertainment on demand and socialisation via hand held devices created kids that always have options for those tasks that require some stubborn determination? If so how might this new way of living and relaxing challenge our kid’s capacity to stick with a difficult task when they have a world of entertainment at their disposal?

Dr Daniel Goleman, an award-winning psychologist and TED speaker, emphasises the need for people to engage in skills that foster emotional intelligence. Goleman’s belief is that ‘Kids learn best when they can maintain sustained attention, whether to what a teacher is saying, their textbook, or their homework. The root of learning is keen focus; distractions kill comprehension.

But the new normal for young people continually interrupts their focus with distractions.’

Neuroscientists tell us that the more a young person can practice keeping focus and resist distraction, the stronger and more richly connected this child becomes. By the same token, the more distracted, the less so. Rebecca, a NSW schoolteacher who is passionate about the topic, finds that the evidence is clear in our own homes and in classrooms ‘we now have young people who are experts at ‘flitting’ from one device to another’ and she refuses to take a defeatist approach because without refocusing those ‘flitters’ to ‘focusers’ who risk the next generations creative or scientific masterminds we risk losing children who are able to ‘sit still and agonise over a task long enough to see it through to its marvellous end’.

Tips for helping kids maintain focus and attention

1 Build your child’s focus

As with all tasks the aim is to start small and build your child’s capacity to master the concept of ‘sticking with it’. Cath, a school counsellor, finds that she can use the same strategies with the teens she works with and her primary school aged children when she gets home: ‘it’s all about breaks and rewards. Set a timer between breaks and then on a break they need to do something active like a push-up. Then there is a little reward for staying on task for a particular amount of time.’

2 Remember it’s all about the journey

Parents and researchers agree that understanding what can be gained from being focused is the key to engaging your ‘flittering’ child. Our solution driven society is often focused on what we receive at the end rather than the process to get there. Teaching your children to tolerate the unexpected can have wonderful benefits, as can sitting with something that may have previously been viewed as unachievable.

3 Keep calm and focus

Use calm methods to engage children who become distracted: breathe, relax and high five each other when working alongside your child or when with a group of children. Talk about what might be achieved at the end and make it a fun process.

Screens, for all their negatives and benefits, are here to stay. Many argue that they provide complexity and new experiences to our children’s world by identifying exciting technologies but they also provide avenues to ‘opt out’ of the hard yards.

Reaching what you thought was unattainable by engaging in a single focus and ‘sticking with it’, can provide lifelong lessons.

Sarah Wayland



Want more ideas to help you raise confident kids and resilient young people? Subscribe to Happy Kids newsletter, my **FREE weekly email parenting guide** at parentingideas.com.au. You’ll be so glad you did.



OCT
15



MOSAIC WORKSHOP

Create a beautiful portrait mosaic in our final workshop for the year.

Venue: 556 Burma Road, Table Top (opp Ettamogah Pub)

Table Top Public School
Saturday October 15, 9am - 3pm

\$100 per participant *(includes morning tea, lunch and materials)*

Registration, open to adults only, due by 23rd September
(15 participants)

Registration and enquiries to: Andrew McEachern (Principal)

TABLETOP-P.SCHOOL@DET.NSW.EDU.AU

02 60262220 or 0420919026

Funds raised to support the students of Table Top PS.